# Frame Modular



# Terry Harris is now pain free!



Hello my name is Terry Harris and I want to share my story with you.

I was having bad back pain. I could not sit or stand without serious pain. I had been to

doctor after doctor and was not getting any relief. I was reading the newspaper and saw an ad for Wadesboro Chiropractic and thought this is a lot of my problems. So I called Wadesboro Chiropractic and made me an appointment with them. Within just a few visits my pain was greatly improved. I followed the treatment plan Dr. Dial gave me, and by the end of the treatment I was back to my old self. I am now able to play tennis, basketball and softball again without pain, and I also can walk and stand without the pain.

I greatly suggest that if you are having pain to pick up the phone and call 704-694-7246, Dr Dial will help you!

I feel great and don't you want to also!

WADESBORO CHIROPRACTIC 207 Morven Road • 704-694-7246

www.wadesborochiro.com

## Massage Therapy Program Food Drive for Anson Day of Caring

South Piedmont Community College's Massage Therapy students are conducting a food drive for the Anson County Day of Caring. During their regularly scheduled massage clinics on September 27-28, there will be three ways to donate. • For the one-hour massages, which require an appointment, the class will either donate \$5 of the \$20 fee or take \$1 off for every canned good donated.

 Chair massages, which require no appointment, will be by donation only (cash or canned goods) for those two days.

The massages are offered on the Old Charlotte Highway Campus in Monroe. Both the one-hour massages and chair massages are offered from noon to 2:30 p.m. Appointment times for the one-hour massages are noon to 1 p.m. or 1:30 to 2:30 p.m. each day.

For information or to schedule an appointment, contact Mary Berger at 704-290-5865.

The massage clinics are a teaching tool that help students put into practice what they have learned in the classroom. They continue on Thursdays and Fridays, excluding Thanksgiving week, until December 14.

#### "Thank You For Your Support, Anson County!"

On Friday, September 7, CMH Flooring provided facilities to help raise money for two families. Those families, the Cheryl Bailey and Rose Robinson families, were involved in a terrible accident, which left both women unable to work.

Matt Bailey coordinated the event, which raised well over \$5,000 and was split between the two. Matt said, "I would like to thank the people of Anson County for opening their hearts in support of this effort. I would also like to thank everyone who helped make this fundraiser so successful. I couldn't have done it alone, especially without the support of CMH, Lisa Hutchinson, Brenda Bailey and Kim Glenn.'



704-694-3619 Formerly Thrift Loan



## Royal Tire Service, Inc.

beside this "freshly hand and directly to the service station."

time ago - before the present day digits, instead of our used to be tubeless tires - when you purchased a tire and a tube, either black side wall or white side this new Chevrolet on February wall. (Those days the whitewall was really wide - almost to the brush and paint, by hand! "ground!") Recapping service Charles is now deceased - and was also available. Another thing

This new Chevrolet step- "dates" this job is the phone van was something new in the number. We had just recently way of tire/accessory service. "gone dial in our area" with the Herbert Burns and brother prefix MY4 (Myrtle four), then Charles are pictured standing the four digit number. In later years the MY4 "changed to" lettered" unit advertising their 694 plus the four digit numbers services - "Tires, Tubes, Batteries - and still later (and as we do Accessories delivered now) the area code prefix was added - making the use of a You can tell it was a long phone number in our area ten "Number please!!"

I designed and lettered 14, 1958. Again, with a good Herbert - well, he just fishes at that the beach!!

#### Cycle NC Makes Wadesboro a Rest **Stop on Mountains to Coast Bike Ride**

Approximately 1,100 bike riders will descend on uptown Wadesboro on Wednesday, October 3. Wadesboro has been selected as a rest stop on the 400-500 mile long bike ride that starts in the mountains at Brevard on Saturday, September 29 and ends at Carolina Beach on Saturday, October 6.

Incoming riders will be spread out over a 2 - 3 hour time period with leaders arriving before 10 a.m., followed by the main group and then the slower riders. Over 1,000 riders have signed up for this event, including participants from 35 states and two Canadian provinces. The average age of registered participants is 56 years old, but the age range is from an incredible 5 years to an amazing 84 years.

Merrie Datin of Uptown Wadesboro, Inc. said, "We are honored that Cycle NC has chosen Wadesboro as a rest stop this year. The riders will be looking for a pit stop (provided by Cycle NC), a short break from riding, some food and drink and a friendly welcome from Anson County. If you can come out and mingle with the riders,

it'd be a rewarding experience for all." Datin added, "Volunteers are needed to help with information, handing out food and drinks and being friendly (our specialty in Anson County). We'll need groups of 6 to 10 volunteers at any one time between the hours of 10

a.m. and 3 p.m. (If you'd like to get a group together to volunteer, please let the Chamber know.)

The official rest stop has been designated as the Town Square at the corner of Wade and Greene Streets. The Town of Wadesboro will be setting up benches and tables. Food and drinks will be provided by Cycle NC, but food will also be available for sale from local non-profit groups. Even though the Town Square is the official rest stop, we know from past experience that the riders will wander all over our uptown. Please come out and join the fun. The following groups are joining together to make Wadesboro a special rest stop for this year's Cycle NC bike ride: Anson County Chamber of Commerce, Uptown Wadesboro, Inc. and the Town of Wadesboro. For further information and to volunteer, please call the Chamber at 704-694-4181. Here's a bit more information about Cycle NC: The overnight stops for this year's ride include Lake Lure, Shelby, Matthews, Rockingham, Lumberton and White Lake. According to Cycle "With many other NC: charming communities and tourist stops along North Carolina's back roads, this event promises to be the highlight of the year for bicycle enthusiasts throughout the country. With wonderful tourist stops scheduled along scenic backroads, this year's Cycle North Carolina will showcase many fascinating communities and attractions across the state. This is the first year the cyclists will navigate through downtown Charlotte, using bicycle-friendly roads and the beautiful Little Sugar Creek Greenway. Some of the other highlights along this year's route will include Blue Ridge Mountains, Hickory Nut Gorge, Chimney Rock Park, Herchell-Spillman Carousel (circa 1919), Ellenboro Historic Train Depot, Hamlet Train Station and Museum, Historic John Blue House, UNC Pembroke, Lu Mil Vineyard, Jones Lake State Park, Moore's Creek Battleground, River Road Park, the Intercoastal Waterway and the Carolina Beach Boardwalk. The event will also showcase many other local museums, historic attractions, wineries, street festivals and state parks throughout North Carolina.'

# **SAME-DAY SICK APPOINTMENTS** for coughs, colds, fevers and falls.



Dr. Jermaine JOEFIE Family Practice Physician Dr. Elena Kay SUTT Family Practice Physician

At Carolinas Primary Care, we know busy families need flexible and convenient care when they're sick. That's why we're open until 7 p.m. on Wednesdays and Thursdays, and offer same-day sick appointments when you need them most. From colds and fevers to treatment for minor injuries, give our board-certified family physicians - Jermaine Joefield, MD, and Elena Kay Sutton, MD - a call and feel better sooner. Call 704-694-3627 to schedule an appointment today.

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- Preventive care and immunizations
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