

Alzheimer's Association Adds

New Topics to October Virtual Program Lineup

Special October topics include Living with Alzheimer's - For Late-Stage Caregivers and Dementia and the LGBT Experience

While the on-going coronavirus (COVID-19) pandemic still threatens the health of millions in this country and around the world, it continues to create additional challenges for people living with Alzheimer's and all dementia, their families and caregivers, including 180,000 in North Carolina and their estimated 479,000 caregivers.

The Alzheimer's Association, Western Carolina Chapter and the Alzheimer's Association, Eastern North Carolina Chapter are continuing to offer free virtual education programs and online support groups to help all North Carolina caregivers and their families. Launched in May in response to the impact COVID-19 was having on those affected by dementia, the Alzheimer's Association now offers a number of education programs that can help those living with Alzheimer's and their families understand what to expect so they can be prepared to meet the changes ahead.

"From the health risks of COVID-19 to the social isolation caused by the pandemic, we serve a vulnerable population. We see it as our duty to ensure that all North Carolina caregivers have access to Alzheimer's Association resources," said Katherine L. Lambert, CEO of the Western Carolina Chapter. "The COVID-19 crisis continues to alter daily lives, but the needs of Alzheimer's caregivers persist. These online programs allow us to connect with caregivers and provide necessary information especially amid the on-going crisis."

Two new topics being added in October include a two-part series "Living with Alzheimer's - For Late-Stage Caregivers" and "Dementia and the LGBT Experience" both of which are even more important in light of the COVID-19 pandemic as caregivers strive to care for individuals living with dementia at home or at a distance.

Living with Alzheimer's - For Late-Stage Caregivers In the late stage of Alzheimer's disease, caregiving typically involves two ways of connecting and interacting with the person with the disease. In this 2-part series, participants will hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for the person with late-stage Alzheimer's and their families. Living with Alzheimer's - For Late-Stage Caregivers is being offered on October 14 and October 21. Participants are not required to attend both parts, but it is recommended.

Dementia and the LGBT Experience Learn about Alzheimer's, dementia and memory loss in the LGBT community during this brief community-focused listening/discussion session. This program will take a look at the importance of increasing resources and outreach to the aging LGBT population. It will explore the unique factors that put this group at potentially higher risk for developing dementia, and the resources that may be needed for them and their loved ones as they age. Dementia and the LGBT Experience is being offered on October 7.

Other programs in October include:

- 10 Warning Signs of Alzheimer's
- Understanding Alzheimer's and Dementia
- COVID-19 & Caregiving
- Advancing the Science – The Latest in Alzheimer's and Dementia Research,
- Understanding and Responding to Dementia- Related Behavior
- Effective Communication Strategies.
- Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning
- Caregiving for the Holidays

Each virtual education program is approximately one hour and allows the audience to ask questions and engage with others going through the journey.

Attendees are invited to join via video/webinar or through a toll-free number. There is no charge to participate, but registration is required. For a complete list of upcoming virtual programs or to register for a class, visit alz.org/northcarolina/helping_you/virtual_offerings or call 800-272-3900.

Participants will be sent conferencing details prior to the date of each virtual program.

More than 16 million family and friends, including 479,000 in North Carolina, provide unpaid care to people with Alzheimer's or other dementias in the United States. To help family caregivers navigate the current and quickly changing environment, the Alzheimer's Association has also offered additional guidance to families at alz.org/covid19help.

For more information, visit alz.org/northcarolina or call the 24/7 Helpline at 800.272.3900.

Additional Facts and Figures (www.alz.org/facts):

- Alzheimer's disease is the sixth-leading cause of death in the United States.
- than five million Americans are living with the disease, including 180,000 North Carolina residents — a number estimated to grow to as many as 210,000 by year 2025.
- More than 16 million family and friends, including 479,000 in North Carolina, provide unpaid care to people with Alzheimer's or other dementias in the United States.
- In 2019, friends and family of those with Alzheimer's in North Carolina provided an estimated 545 million hours of unpaid care, a contribution valued at \$7.15 billion.

About the Alzheimer's Association The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia.

About the Alzheimer's Association - Western Carolina Chapter The Western Carolina Chapter provides patient and family services, information and referral, education, and advocacy in 49 central and western North Carolina counties. It offers opportunities to get involved and to make a difference, in addition to a variety of services including: a 24/7 Helpline, support groups, educational programs, and MedicAlert. For more information about Alzheimer's disease or the Alzheimer's Association Western Carolina Chapter, visit www.alz.org/northcarolina or call (800) 272-3900. For the latest news and updates, follow us on Facebook, Twitter and Instagram.

September Mobile Food Pantry Information

Margot Barnes, Director of Anson Crisis Ministry has released statistics from the September Mobile Food Pantry which was held on Wednesday, September 2 at First Baptist Church, Lee Avenue in Wadesboro.

- Total Families: 70
- Children & Youth up to Age 18: 67
- Youth & Adults Ages 19-64: 95
- Adults Over Age 65: 31

"Anson Crisis Ministry received 2,688 pounds of undistributed food that is continuing to be given out," added Barnes. "We are experiencing increased requests for food because of the current crisis."

Anson Crisis Ministry is located at 117 North Rutherford Street in Wadesboro. The telephone number is 704-694-2445, email is ansoncrisisministry@windstream.net and the website is www.ansoncrisisministry.org.

The next Mobile Food Pantry will be held on Thursday, October 1 at Peachland United Methodist Church, located at 19 Allen Street in Peachland. Arrive and register between 8 and 10 a.m.

Door-to-Door Insurance Scams on the Rise

North Carolina Insurance Commissioner Mike Causey warns residents to be on alert for insurance scams. In the last few days, NCDOI has had reports of people going door-to-door claiming to be from the N.C. Department of Insurance. During the visit, the impersonator tells the resident, because they were between the ages 50 to 85, they had been selected to receive free health insurance that covers medical, vision, dental and life.

These residents report the false DOI representative also shows a letter on an iPad with their name and address that is similar to a letter from an insurance company advertising their Medicare Advantage plans.

NCDOI has also received reports that Medicare beneficiaries are getting calls saying their Medicare numbers have been suspended due to fraudulent activity. The caller then asks for sensitive, personal information.

"If someone is calling, claiming to be from Medicare and asking for your Social Security number or bank information, hang up, it's a scam," said Commissioner Causey. "First, Medicare won't call you. Second, Medicare will never ask for your Social Security number or bank information. Third, NCDOI representatives will never go door-to-door asking for personal information."

If someone is threatening to cancel Medicare or other insurance benefits if residents don't give information or money, report it to the Department's Seniors' Health Insurance Information Program (SHIIP) or the N.C. Department of Social Services at 1-855-408-1212. Residents can also contact their local law enforcement.

FARM
BUREAU
ANSON

Anson County
Farm Bureau
Annual Meeting
Monday, October 5th

New Location: Anson County Farm Bureau Office
211 Morven Road • Wadesboro, NC

Time: Business Meeting at 6:30 p.m.

**There will be no food or door prizes
Due to COVID-19 restrictions.**

This will be a business meeting only.

We look forward to seeing you there. Ronnie Mills, President

AT MARTIN FURNITURE IT'S ALL ABOUT STORAGE!!!

WE FINANCE
EZ TO APPLY
OWN IT NOW!

SAME OR NEXT DAY DELIVERY

VISIT OUR SLEEP SHOP

**GIFT CERTIFICATES
A GREAT GIFT**

MARTIN FURNITURE FACTORY OUTLET

Highway 74 West in Wadesboro • 704-694-3185

Check Our Clearance Section

GREG EUDY

**FOR ANSON COUNTY
REGISTER OF DEEDS**

Greg Eudy

- ✓ Proven Professional Businessman and lifelong Anson County resident
- ✓ Honest, Prompt, Respected in the community
- ✓ Believes in showing up to work and doing the job the taxpayers pay him to do
- ✓ Christian Family man, married to wife Tara with two children



**GREG
EUDY**
Register of Deeds

Paid for by Greg Eudy for Register of deeds