

## NC Celebrates 100 Years of Home Demonstration Clubs

North Carolina Cooperative Extension will hold a centennial gala October 27 in Raleigh to celebrate 100 years of home demonstration programs in North Carolina. Extension invites former Extension Homemaker Club members, current members of the Extension and Community Association (ECA) and those involved with extension's family and consumer sciences program to attend this historic event at N.C. State University's McKimmon Center.

Through the educational guidance and researched-based information provided by N.C. Cooperative Extension's family and consumer sciences agents and specialists based at N.C. State and N.C. A&T State universities, ECA is a grassroots institution that has actively addressed the needs of families in their communities for 100 years.

The ECA centennial gala at N.C. State will begin – weather permitting – with an opportunity to see engraved bricks that have been placed in the Jane McKimmon Garden at McKimmon Center honoring the women of ECA, family and consumer sciences and their supporters. Also there will be exhibits to showcase the multifaceted work of ECA in the state and a time to reconnect with old and new friends.

The dinner, which begins at 5 p.m., will include a multimedia presentation on the history of ECA. In addition, 25 new members will be inducted into the Jane S. McKimmon Family and Consumer Sciences Hall of Fame. Last year, Anson County's own Rosalind Redfearn was inducted into the Hall. For more information, visit [fcs.ces.ncsu.edu/ecca-3](http://fcs.ces.ncsu.edu/ecca-3).

In 1911 Jane S. McKimmon, North Carolina's first woman home demonstration extension agent, convinced 14 county superintendents of education to employ home demonstration agents to support the girls' tomato club program to teach girls to can tomatoes. By 1913 the girls' mothers had learned to can so well, they began to ask for clubs where they might learn other skills for the home. Thus home demonstration clubs – later named Extension Homemakers and ECA today -- were born in North Carolina.

If you have a history with Anson County home demonstration clubs and are interested in attending the centennial gala, contact Janine Rywak, County Extension Director at 704-694-2915. Invitations with registration information will be mailed to interested parties.

### Molly - A big problem for Anson County

*This is a release from the Anson County Health Department:* Most of us are familiar with the drugs marijuana, meth, cocaine and crack; these drugs spark fear in the hearts and minds of many. "Molly" may be a simple, harmless and even innocent female name that, unfortunately, is NOT innocent on the drug scene. It is a new drug that is now available at many parties, clubs, schools and homes; it is the chemical found in ecstasy. The proper name for "Molly" is MDMA and this drug is also referred to as "mud" or "Mandy."

"Molly" is available in two forms, either pressed together as a pill or in a loose powder for snorting. The appearance of the drug may vary, depending upon whether or not it has been laced (mixed) with other substances. Most of the time the drug appears as a colorful tablet that can be easily mixed in and hidden among colorful candies.

"Molly" is considered to be a schedule I controlled substance with the Drug Enforcement Agency (DEA), meaning that it has a high potential for abuse and has no recognized medicinal use. Some behaviors that people may exhibit on this drug are confusion, anxiety, depression, paranoia, sleep problems and drug craving. The drug can cause muscle tension, tremors, involuntary teeth clenching, muscle cramps, nausea, faintness, chills, sweating and blurred vision.

High doses of "Molly" can lead to problems such as liver, kidney and heart failure, as the drug interferes with the body's ability to regulate body temperature causing a sharp increase in body temperature known as hyperthermia. As the drug is often found in club or dance scenes, the increase in body temperature is an extreme danger as when users are moving around and dancing, the body's temperature naturally increases.

Officers are trained to identify illegal substances and the accompanying symptoms/side effects people experience while on these substances. In the state of North Carolina, being in possession of "Molly" is a Class I Felony and can result in various punishments or consequences.

Referred to by some as the "love drug" or the "cuddle drug," "Molly" increases one's sex drive; it can produce feelings of increased energy, euphoria (intense happiness), emotional warmth and empathy towards others, and distortions in sensory and time perception. These feelings open the gateway to many other problems such as combination drug use and the passing of Sexually Transmitted Infections (STIs) through unprotected sex; therefore, making its users at higher risk for contracting incurable diseases such as HIV, Hepatitis and Herpes.

MDMA was first used in the 1970's as an aid in psychotherapy, but without FDA approval and the support of clinical trials. The drug is currently in clinical trials as a possible medication aid to treat post-traumatic stress disorder (PTSD) and anxiety in terminal cancer patients. *Written by Kristy Ratliff, RN (Anson County Health Dept.) and Kyle Randall (Wadesboro Police Dept.)*

### 25 Merchants Support Civitan Crafts Fair & Duck Rally

*In a release from the Civitan Club:* When the Wadesboro Civitans heard that People Fest was cancelled, they decided to organize a substitute event. No People Fest meant no hot dog booth, and the Civitan Club depends on their hot dog booth to fund the Boy Scouts, Show Choir, Special Olympics, Robotics Club, Junior Civitans, scholarships, and many other local and statewide youth programs.

When Civitan members asked local businesses if they would help sponsor such an event, the response was overwhelming. Twenty-five local businesses and citizens donated funds to

make this event happen on Saturday, October 12 at Ray Skelton Ball Park

Thank you, ACE Realty Co., Tommy Allen, Anderson Real Estate LLC, Anson County Farm Bureau, Anson Pediatrics, Anson Sign Co., In Memory of Brian Brauns, Brown Creek Animal Hospital, Burr Bail Bonding, Carpenter and Flake Attorneys at Law, Crawford Motors, Eddie's Lawn & Landscaping, Tina Maye's Daycare Center, Eva's Baskets, Theodore Horne, Jr., Huntley Oil & Gas, Lacy's Treasures, Leavitt Funeral Home, H.W. Little Hardware, Martin Brothers Equipment Co., Nelson Funeral Home, Plank Road Forestry, Plaza Jalisco, Wadesboro Lumber, and Welika Lake Fish Camp for helping Civitans support Anson County artists and Anson County youth.

### Artists Sought for Crafts Fair

Artists and artisans from Anson County and the surrounding region are invited to show and sell their creations at the Civitan Club Crafts Fair, which will be held at Ray Shelton Ball Park on Saturday, October 12th. The event will last from 10 a.m. until 3 p.m. Those interested in participating should get a reservation application from the Wadesboro Civitan Club at PO Box 751, Wadesboro, NC 28170, or phone Yates Almond at 704-848-4810. All designs must be the products of NC and SC residents.

The Civitan Club depends on its hot dog stand to raise money for Anson County youth activities, so the Civitans decided to organize an alternative event after the People Fest was cancelled. In addition to displays of paintings, sculpture, pottery, woodcarving and hand-made furniture, quilts, jewelry and other locally made crafts, the Crafts Fair will have free entertainment by local musicians and free games for children. Local organizations may also have information booths. The event will conclude with a rubber ducky race with a \$500 prize for the person who picks the winning duck. The Civitan Hot Dog Booth will be the only food vendor, but will have burgers, chips and soft drinks, as well as their signature hot dogs.

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*Announces that application forms for the annual*

*Christmas Stocking Project*

*are now available for A. C. M. clients.*

*Forms may be picked up at the ministry.*

*Deadline to return forms is October 31, 2013.*

*Questions? Phone 704-694-2445*

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