

Re-Elect ✓

ROBERT MIMS

A Voice for ALL People

County Commissioner for District 3

Paid for by the Committee to Elect Robert Mims.



Ari Metcalf and Lorilie Woodall

AHS Cross Country Results

This past week the Anson Bearcats ran at Chesterfield High School in South Carolina. This was the second week in a row that the Bearcats ran in South Carolina and here's how they did:

The top three runners for the girls were Ari Metcalf with a time of 29:24, Lorelei Woodall with 31:23, and Leigha Clark.

For the boys, Javen Garcia had a time of 22:58, Yency Hernandez ran 23:35, and Cameron Eddins ran 31:23.

These are all very impressive times considering the 3.1 mile course the Bearcats had to run through filled with many hills and lots of mud!

After the successful meet the Bearcats had a team dinner together at a local Wendy's to end the night. Congratulations to all the runners who were in Chesterfield!

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Anson High School Volleyball Results

- **Monday, September 30 - Anson lost their home game against Parkwood (1-3)** 17-25, 23-25, 25-22, 19-25 **Stat Leaders for the game:** **Aces:** Allie Steagall 4, Lauren Lomax 2, Alena Baxter 1, Hannah Austin 1. **Kills:** Alena Baxter 8, Allie Steagall 8, Brooklyn Miles 6, Gretchen Henry 6, Eva Hyatt 4. **Assists:** Allie Steagall 14, Hannah Austin 5, Brooklyn Miles 4. **Digs:** Allie Steagall 22, Hannah Austin 15, Brooklyn Miles 11, Sophia Yang 9. **Blocks:** Eva Hyatt 5.
- **Tuesday, October 1 - Anson won their away game against Monroe (3-0)** 25-18, 25-7, 25-11 **Stat Leaders for the game:** **Aces:** Hannah Austin 4, Brooklyn Miles 3, Allie Steagall 3, Lauren Lomax 3. **Kills:** Gretchen Henry 6, Allie Steagall 6, Alena Baxter 5, Brooklyn Miles 3, Eva Hyatt 3. **Assists:** Allie Steagall 18, Brooklyn Miles 3. **Digs:** Hannah Austin 12, Brooklyn Miles 8, Allie Steagall 5, Alena Baxter 5. **Blocks:** Eva Hyatt 1, Brooklyn Miles 1, Lauren Lomax 1, Kennedy Ramseur 1.

Goshen Mobile Health Unit to Visit Anson County

The Goshen Medical Center Mobile Health Unit have two upcoming visits to Anson County in October and November. Their team will conduct screenings and refer persons to local medical facilities if a need is identified. As Goshen Medical Center is a Federally qualified healthcare organization, no one will be denied access to services due to inability to pay. If assistance is required to meet payment obligations there is a discounted sliding fee schedule available to those who qualify.

The first visit will be on Wednesday, October 16 at the Anson County Health Department, located at 110 Ashe Street in Wadesboro, 9:00 a.m. until 12 noon. The second visit will occur on Thursday, November 14 at the Caraway Center, located at 9162 Highway 52 North in Ansonville, 10:00 a.m. until 1:00 p.m.

The Mobile Health Unit offers free screenings such as: cardiac screenings (risk evaluation & EKG); depression screenings; tobacco cessation counseling; blood pressure & vital signs check; and sports physicals. In addition, primary care visits & acute visits.

Attention Parents! We Need You!

Anson County Schools invites parents to join them on Tuesday, October 22 for an impactful evening of connection and inspiration with the incredible Dr. Adolph Brown!

Dr. Brown, a renowned expert in family and community engagement, will guide attendees on how they can collaborate to enhance their children's education and strengthen the bonds within our community. This is a fantastic opportunity to gain valuable insights and be part of a meaningful discussion about your kids' future.

Mark your calendars and make plans to be there! Let's unite to empower our children and create a brighter tomorrow.

Thank you for reading The Express!



MOBILE FOOD MARKET

FREE FOOD MONTHLY
THURSDAY OCT 17 BEGINS AT 4PM

Wadesboro Primary School
1542 Hwy 52 South in Wadesboro

- FRESH VEGETABLES, FRUIT & BREAD (IF AVAILABLE)
- BLOOD PRESSURE CHECKS BLOOD SUGAR CHECKS
- OTHER HEALTHY LIVING TOPICS & BOOTHS

Nothing is required for you to receive produce, just come.

Sponsored by NC Cooperative Extension, Anson County, Sandhills Aginnovation, Pilgrim's & Atrium Health
Food given out as supplies last

We have MOVED

COME SEE US AT OUR NEW LOCATION... 7260 EAST MARSHVILLE BLVD.

Coming from Anson County, we are on the left before you get to Food Lion

MARSHVILLE Family Dentistry
704-624-6300

FAMILY FRIENDLY FULL-SERVICE PRACTICE
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ESTHETIC PROCEDURES

We work with various dental insurance companies, such as, Metlife Dental, UnitedHealthCare Dental, Delta Dental, Blue Cross Blue Shield of North Carolina Dental Plan, to make your dental care more affordable. Ask about our affordable in-house insurance plan.

MARSHVILLE FAMILY DENTISTRY • 7260 EAST MARSHVILLE BLVD. (HWY 74)

EARLY VOTING HOURS

FOR NOVEMBER 5 GENERAL ELECTION

Thursday, October 17	8:00am - 7:30pm
Friday, October 18	8:00am - 7:30pm
Saturday, October 19	8:00am - 3:00pm
Sunday, October 20	Closed
Monday, October 21	8:00am - 7:30pm
Tuesday, October 22	8:00am - 7:30pm
Wednesday, October 23	8:00am - 7:30pm
Thursday, October 24	8:00am - 7:30pm
Friday, October 25	8:00am - 7:30pm
Saturday, October 26	8:00am - 3:00pm
Sunday, October 27	12:00pm - 6:00pm
Monday, October 28	8:00am - 7:30pm
Tuesday, October 29	8:00am - 7:30pm
Wednesday, October 30	8:00am - 7:30pm
Thursday, October 31	8:00am - 7:30pm
Friday, November 1	8:00am - 7:30pm
Saturday, November 2	8:00am - 3:00pm

EARLY VOTING AT THE ANSON COUNTY BOARD OF ELECTIONS
402 MORVEN ROAD IN WADESBORO 704-994-3223

ELECTION DAY IS TUESDAY, NOVEMBER 5

POLLS ARE OPEN 6:30AM - 7:30PM

VOTE AT YOUR NORMAL VOTING PRECINCT

Polkton FUNDAY

Bring your family and friends and spend the day with us!

FREE AMUSEMENT RIDES

FACE PAINTING!

INFLATABLES

EACH CHILD GETS A FREE CRAFT TO TAKE HOME!

SATURDAY OCT. 19

11AM TO 5PM

TRUNK OR TREAT 5:30

MUSIC Bluegrass 11-12:45

ToneZ Band 2-5

COME HUNGRY!!

LOTS OF FOOD & SWEETS!

ARTS & CRAFTS VENDORS!

CAKE WALK!

GIVEAWAY BASKETS!

For information call 704-272-7463