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# Obituaries

## Mrs. Ellen Newsome Horne

Mrs. Ellen Newsome Horne, 70, passed away suddenly on Sunday, October 27, 2019, at her home in Peachland.

A service to celebrate her life will be held at 11:00 a.m. on Wednesday, October 30, 2019, at Mt. Carmel Baptist Church where she was a member. Interment will follow in the church cemetery. The family will greet friends from 5:00 until 7:00 p.m. on Tuesday at Leavitt Funeral Home.

Born in Monroe, NC on October 6, 1949, Ellen

was a daughter of the late Myrtle Godwin and Winfred Will Newsome. She graduated Forest Hills High School, and worked most of her life in textiles, having worked for Unity Knitting and Cedar Hill Manufacturing. Following her retirement she enjoyed "working" at Kid's Express where she was more like a grandmother than a teacher.

Ellen's greatest joy came from her time spent with family. While she enjoyed things such as sewing, crafting and reading, she was happiest when watching her grandchildren perform at piano and dance recitals or playing organized sports. She never missed a recital, rarely missed a ballgame,

and planned her own calendar around what the grandchildren might be doing.

Survivors include two loving sons, Dennis Horne (Heather) and Tony Horne (Kelly), all of Wadesboro; her precious grandchildren, Beau, Maggie, Katie and Natalie Horne, all of Wadesboro; a sister, Edith N. Hinson (Milton) of Marshville; special brother-in-law and neighbor Jimmie (Sandra) Horne; and several nieces and nephews.

In addition to her parents, Ellen was preceded in death by her husband Roy Lynn Horne and a sister, Alice Dean Newsome.

The family suggest memorials be made to the Alzheimer's Association

online at [www.alz.org](http://www.alz.org).

Leavitt Funeral Home is serving the Horne Family. Online condolences may be made at [www.leavittfh.com](http://www.leavittfh.com).

## Mr. Billy Ray Horne

Mr. Billy Ray Horne, 77, went home to be with the Lord on October 25, 2019, from Autumn Care of Marshville.

Funeral services were held on Monday, October 28, 2019, at Leavitt Funeral Home with Rev. Luke Christy officiating. Interment followed in Peachland Cemetery.

Mr. Horne was born in Anson County on February 2, 1942, a son of the late

Zacheus Ray and Cornelia Reynolds Horne. He graduated from Peachland High School. He worked for 43 years for Teledyne Allvac in Monroe.

Survivors include his wife, Elizabeth "Lib" Martin Horne of the home; two sons, Jeffrey Horne (Janice) of Peachland, and Chad Horne of Peachland; a daughter, Tammy Horne (Charles) of Myrtle Beach, SC; five grandchildren, Amanda Horne, Bethany Horne, Tiffany Horne, Benji Hildreth and Kristy Hildreth; and ten great-grandchildren.

The arrangements were in care of Leavitt Funeral Home. Online condolences may be made at [www.leavittfh.com](http://www.leavittfh.com).

## Lend a Hand to Alzheimer's Families During Family Caregivers Month

November is National Alzheimer's Disease Awareness Month and National Family Caregivers Month

This November, during National Alzheimer's Disease Awareness Month and National Family Caregivers Month, while families across the country are preparing for Thanksgiving, 16 million family members and friends will be caring for someone living with Alzheimer's. The Alzheimer's Association – Western Carolina Chapter is encouraging people to lend a hand to support caregivers.

In North Carolina, there are an estimated 473,000 caregivers providing unpaid care to family members and friends living with Alzheimer's and other dementias. In 2018, friends and family of those with Alzheimer's in North Carolina provided an estimated 538 million hours of unpaid care, a contribution valued at \$6.8 billion.

According to a recent Alzheimer's Association survey, people overwhelmingly agree (91 percent) that caring for someone with Alzheimer's or another form of dementia should be a group effort among family or close friends, yet one out of three caregivers (39 percent) are not engaging others in caregiving tasks. In addition, more than four in five caregivers (84 percent) would have liked more support in providing care for someone with Alzheimer's or another form of dementia, especially from their family.

"For many caregivers, the holiday season gives rise to stress, frustration and anger, instead of peace and goodwill, which is why are committed to enhancing care and support for all those affected by Alzheimer's and other dementias," said Katherine L. Lambert, CEO of the Western Carolina Chapter. "During this month and throughout the year, we encourage caregivers to reduce stress and be healthy, and for people to lend a hand in helping caregivers survive and thrive during the holidays."

The Alzheimer's Association offers the following ways that people can help caregivers and tips for reducing stress. For more information, visit [www.alz.org/honor](http://www.alz.org/honor).

**How to Help an Alzheimer's Caregiver** Learn about the disease: Educate yourself about Alzheimer's disease – its symptoms, its progression and the common challenges facing caregivers. The more you know, the easier it will be to find ways to help. The Alzheimer's Association has a vast amount of resources and information available at [www.alz.org](http://www.alz.org).

- Create a care team calendar: The Alzheimer's Association Care Team Calendar is a free, personalized online tool to organize family and friends who want to help with caregiving. This service makes it easy to share activities and information within the person's care team. Helpers can sign up for specific tasks, such as preparing meals, providing rides or running errands. Users can post items for which assistance is needed. Visit the Care Team Calendar here: [www.alz.org/care/alzheimers-dementia-care-calendar.asp](http://www.alz.org/care/alzheimers-dementia-care-calendar.asp).

- Offer caregivers a reprieve: Make a standing appointment to give the caregiver a break. Spend time with the person with dementia and allow the caregiver a chance to run errands, go to their own doctor's appointment, participate in a support group or engage in an activity that helps them recharge. Even one hour could make a big difference in providing the caregiver some relief.

- Check in: Almost two out of every three caregivers said that feeling isolated or alone was a significant challenge in providing care for someone with Alzheimer's or another form of dementia. What's more, half of all caregivers felt like they couldn't talk to anyone in social settings or work about what they were going.

- Support the Alzheimer's cause: Honor a person living with the disease and their caregiver by joining the fight against Alzheimer's. You can volunteer at your local Alzheimer's Association office, participate in fundraising events such as the Walk to End Alzheimer's and The Longest Day, advocate for more research funding, or sign up to participate in a clinical study as a healthy volunteer through the Alzheimer's Association's Trial Match. Joining the cause can help families facing the disease know that they are not alone in their fight.

**Reducing Holiday Stress for Alzheimer's Families** Make sure others know: Let guests know what to expect before they arrive and tell them how they can help. For example, share what activities they can do with the person living with Alzheimer's and how best to communicate with them.

- Build on traditions and memories: Take time to experiment with new traditions that might be less stressful or a better fit with your caregiving responsibilities. For example, if evening confusion and agitation are a problem, turn your holiday dinner into a holiday lunch.

- Involve the person with Alzheimer's: Depending on abilities and preferences, make sure to keep the person with Alzheimer's involved in the celebrations, such as packing cookies in tins or helping wrap gifts.

- Plan ahead: When attending a holiday party, prepare the host for special needs, such as a quiet room for the person to rest in away from the noise and distractions.

**Additional Facts and Figures:** ([www.alz.org/facts](http://www.alz.org/facts))

- Alzheimer's disease is the sixth-leading cause of death in the United States.
- Every 65 seconds someone in the United States develops Alzheimer's.
- An estimated 5.8 million Americans are living with the disease, including 170,000 North Carolina residents, are living with Alzheimer's, a number estimated to grow to as many as 14 million by year 2050.

**About the Alzheimer's Association** The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's.

**About the Alzheimer's Association - Western Carolina Chapter** The Western Carolina Chapter provides patient and family services, information and referral, education, and advocacy in 49 central and western North Carolina counties. We provide a variety of services including a 24/7 Helpline, support groups, educational programs, and MedicAlert®. We offer opportunities to get involved and to make a difference. For more information about Alzheimer's disease or the Alzheimer's Association Western Carolina Chapter, visit [www.alz.org/northcarolina](http://www.alz.org/northcarolina) or call (800) 272-3900. For the latest news and updates, follow us on Facebook, Twitter and Instagram.

## Parks & Recreation Winter Basketball Registration

Anson County Parks & Recreation is offering a Winter Basketball program, and registration is open now. This program is available to:

- Micro Basketball (Ages 3-4)
- Youth Basketball (Grades K-2; 3-4; 5-6)

The cost is \$25 per child.

You may come to the Parks & Rec office to register. It is located in Little Park, 845 Airport Road in Wadesboro. For more information call Jeff Waisner, Director, at (704) 695-2550 or [Jwaisner@co.anson.nc.us](mailto:Jwaisner@co.anson.nc.us); Wendell Small at (704) 695-2782 or [Wsmall@co.anson.nc.us](mailto:Wsmall@co.anson.nc.us); or Allen Jackson II at (704) 694-5751 or [Ajackson@co.anson.nc.us](mailto:Ajackson@co.anson.nc.us).

## North Carolina School Bus Stop Law – What To Do

Follow the tips below to help ensure every stop is a safe school bus stop for children.

**When to stop:**

- Two-lane roadway – All traffic from both directions must stop
- Two-lane with a center turning lane – All traffic from both directions must stop
- Four-lane roadway – All traffic from both directions must stop
- Four-lane roadway with a median – Only traffic following the bus must stop
- Four or more lanes with a center turning lane – Only traffic following the bus must stop

**Other tips:**

- Follow the bus driver's signals – The school bus driver will signal with their hands when it is safe for the rider to cross the street when boarding and exiting the bus. Children should watch and wait for the all-clear signal from their driver.
- Wear bright clothing – The bright colors make it easier for drivers to see the children.
- Stand off the road – Children should stand at least 10 feet from the road when waiting for the bus. This keeps children off the road and out of traffic.
- Something is dropped – If a child drops something while walking to the bus, they should not pick it up. They should notify the bus driver and follow the driver's instructions. The child may not be seen by the driver if they bend down and pick up the object.
- Look before getting off the bus – Bus riders should look to the right before disembarking the bus. Drivers sometimes try to pass buses, illegally, on the right.
- Waiting for a bus rider – Parents should wait for their child on the side of the road that the child is dropped off. If a bus rider must cross the street to meet their parent, they might be excited about seeing them and forget to look before crossing the road.

For more information on school cross safety visit: [ncbus-safety.org](http://ncbus-safety.org).

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