205 West Morgan Street • Wadesboro, NC 28170 • 704-694-2480 • The Express News @gmail.com • www. The Express Newspaper.com

Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

#### **Municipal Elections are Next Tuesday, November 7**

Elections for Lilesville, Morven, Peachland, Polkton and Wadesboro

Municipal Elections in Anson County will take place next Tuesday, November 7. All registered voters in towns that are participating are urged to get out and vote. The polls open at 6:30 a.m. and close at 7:30 p.m. Here are the races:

LILESVILLE

**Mayor** - Richard Harrington (the only candidate)

Commissioner (vote for 5) - Bernice Bennett, Jason Clarke, Frank McAllister, Peggy Treadaway, Steve Whitlock, Juanita Williams

Town Council - Marjorie Cole, Johnnie Clayton Marshall, Alvin Solomon, Carolyn Solomon, John Trotti,

Susan Woodburn

**PEACHLAND** Town Council (vote for 3) - James Thomas Hamilton, Gail Horne, Bennie Garrett McLendon, Jason Mullis,

POLKTON

Mayor - Robert Goodwin, Minnie Staton

Commissioner (vote for 5) - Myra Dalgleish, Janet Dyson, Johnny Faulk, Henry Furr, Jr., Cindy Heafner, Jimmy Hildreth, Sissy Stegall, Joe Watts, Jr. WADESBORO

Town Council (vote for 3) - Gibby Bachiochi, Fred Davis, Terry Lane Helms, James David Lee, Bobby Usrey

**POLLING PLACES:** 

Lilesville - Lilesville Fire Department, 202 West Wall Street Morven - Morven Fire Department, 242 East Main Street

Peachland - Peachland Fire Department, 35 East Passaic Street **Polkton** - Polkton Fire Department, 61 West Polk Street Wadesboro - All Wadesboro voters at Lockhart-Taylor Center, 514 North Washington Street There is no Absentee Voting or Early Voting in these

For more information call Steve Adams, Director of Elec-

tions, at 704-994-3223. The Board of Elections is located at 402 Morven Road in Wadesboro. The hours are Monday-Friday, 8 a.m. to 5 p.m.

Here are dates of note: Monday, November 6 - Pre Election Day Board Meeting, 5 p.m.

 Tuesday, November 7 - MUNICIPAL ELECTION DAY 6:30 a.m. - 7:30 p.m. Lilesville, Morven, Peachland, Polkton & Wadesboro

 Wednesday, November 8 - Sample Audit Count Friday, November 10 - County Closed for Veterans Day

 Monday, November 13 at 11 a.m. - Sample Audit / Provisional Count • Friday, November 17 at 11 a.m. - County Canvass

 Wednesday, November 22 - County Board issues Certificates of Nomination

Thursday, November 23 & Friday, November 24

County Closed for Thanksgiving Holiday Monday, December 25 & Tuesday, December 26

County Closed for Christmas Dates may change and/or additions may be made.

## Raffle Tickets Available, Proceeds Benefit Anson County Animals in Need

A raffle ticket fundraiser is going on right now, with all proceeds going toward helping animals in need in Anson County. The raffle is being put on by the Friends of the Anson County Animal Shelter, which is now a nonprofit 501c3 entity. Three guns are being offered to the the winners: 1st Prize is a Ruger American rifle 6.5 Creedmoor with scope-Vortex Crossfire 2 (4x12x44) 2nd Prize is a Stoeger P3500 pump 12 gauge (camo green)

• 3rd Prize is a Walther PK380 .380 auto (turquoise) If you are interested in purchasing a \$25 raffle ticket to

benefit the Friends of the Anson County Animal Shelter, please call 704-694-5971. Only 300 tickets have been printed. The drawing will be held after all tickets are sold. Think You May be Eligible for WIC?

# WIC is a nutritional supplemental program for pregnant,

postpartum or breastfeeding women, infants and children under 5 years of age. To be eligible for WIC you must live in North Carolina. If you receive Medicaid, Work First Families Assistance

or SNAP you automatically meet the income eligibility A family may be eligible for WIC based on your

household income, even if you do NOT receive Medicaid, Work First Families Assistance or SNAP. The following list is income guideline that went into effect July 1, 2017.

 Family of 1 – monthly income \$1,860 - weekly income \$430 • Family of 2 - monthly income \$2,504 - weekly income \$578

 Family of 3 - monthly income \$3,149 - weekly income \$727 • Family of 4 – monthly income \$3,793 - weekly income \$876 Family of 5 – monthly income \$4,437 - weekly income \$1,024

 Family of 6 – monthly income \$5,082 - weekly income \$1,173 Family of 7 – monthly income \$5,726 - weekly income \$1,322 Family of 8 – monthly income \$6,371 - weekly income \$1,471 For a family size greater than 8 please call the office for

income information. For income based on annual. bi-weekly or twice a month please call the office. The WIC office is located at 110 Ashe Street in Wadesboro. The office phone number is 704-694-9844, and office hours are Monday through Friday, 8:30 a.m. to 12 noon &~1 to 5 p.m. This institution is an equal opportunity provider.

## Anger and Stress Management Workshop

An Anger and Stress Management Workshop will be held on Thursday, November 16 at the Anson County Cooperative Extension Center, located at 501 McLaurin Street in Wadesboro, from 12 noon to 1:30 p.m. Robert Smith, MSW, LCSW, LCAS, CCS and CEO with Sandhills Behavioral Center will be the guest speaker. Lunch and materials will be provided free.

Contact Suzanne Maness at (910) 627-1769 or by email at connectionsfsp@gmail.com to register. The deadline contact your local fire department or the Office of State Fire Marshal at 1-800-634-7854. to register is Monday, November 13.

# Seniors Honored at Rock Hill Missionary Baptist Church

The Rock Hill Missionary Baptist Church members and Dr. T. J. Horne, Pastor, celebrated new inductees into the Seniors 70's Club. This elite club honors church members who are 70 years old and older. Pictured here from left are John Adams, Nellie Horton, George Robinson, Rush Medley, Jr., Catherleen Smith,

Georgia Adams, Lillie Spencer, Ineda Terry and Elizabeth Wright. In the back is Rev. Wilina Ellerbe, Assistant Pastor. Not pictured are Mother Mattie Spencer, Georgia Medley, Odell Tillman and Beulah Brooks.

# **Open Enrollment for 2018 Federal Health Insurance Exchange Begins Today, Runs Through December 15**

Apply online for tax subsidies to offset premium cost North Carolina Insurance Commissioner Mike Causey reminds residents that Open

Enrollment for the 2018 Federal Health Insurance Exchange begins Wednesday, November 1 and runs through December 15 with coverage to start January 1, 2018. This is a shorter enrollment period than previous years," said Commissioner Causey

'If you do not have health insurance elsewhere, you need to take part in Open Enrollment to make sure you choose the best insurance plan to meet your needs as well as determine if you qualify for tax subsidies to offset premium costs. Enrolling in an Affordable Care Act or ACA health insurance plan online at

www.healthcare.gov is the only way to take advantage of tax subsidies to help pay for premiums. It is estimated nearly 85% of ACA insured members with the state's largest insurer, Blue Cross and Blue Shield, will be eligible for Advanced Premium Tax Credit Subsidies. Outside the Open Enrollment period, the only way to buy health insurance from

Healthcare.gov under the ACA is to qualify for special enrollment due to having a child or adopting children, losing health coverage or moving. Under the Affordable Care Act, residents are required to maintain ACA compliant

insurance or be subject to penalty. Residents are guaranteed to be insurable and are encouraged to sign up for health insurance if they meet one of the following conditions: They have current qualifying ACA coverage but may want to change their plan for 2018

 They don't have health insurance through their employer or their spouse's employer. • They don't have government coverage (such as veterans, Medicare and Medicaid). • They are older than age 26 and can no longer be on a parent's health insurance.

To enroll in or change 2018 ACA health insurance policies, consumers may visit www.healthcare.gov. Consumer specialists at the N.C. Department of Insurance are available to answer

any questions during ACA Open Enrollment by calling 1-855-408-1212.

The N.C. Department of Insurance is in full support of giving consumers broad access to quality, affordable healthcare," said Commissioner Causey. "We are doing our best to maintain a stable health insurance market that provides new products and more choices.'

# **Hunters: Always Think Twice Before Pulling the Trigger**

The N.C. Wildlife Resources Commission reminds hunters to be aware of their surroundings and positively identify their target before pulling the trigger. "Don't let the excitement of having a deer or other game in your sights overtake the

absolute necessity of practicing safe firearm and hunting techniques," said Chet Clark the Commission's eastern outreach manager. "There could be homes, vehicles or even people in front of or behind your target, so it's important to take the time to make absolutely certain that it's safe to pull the trigger. Hunters should use binoculars, not a rifle scope, to first identify a target and then take aim only when ready to fire at something they wish to shoot.' The four primary rules of firearms safety:

Always point a firearm in a safe direction.

• Treat every firearm as if it were loaded and never assume a firearm is unloaded.

 Keep your finger out of the trigger guard and off the trigger until ready to shoot. • Be sure of your target-and what's in front of and behind it.

"Last year's hunting season set the all-time low for hunting and hunting-related incidents," said Clark. "Of those 22 incidents, eight were firearms-related and none were

fatal. By continuing safe, ethical and responsible firearms handling practices, we can continue to progress towards our goal of zero incidents." For more information on hunting seasons, licenses, Hunting Heritage Apprentice Permits and the Hunter Education Program, go to www.ncwildlife.org or call 919-707-0031.

**Cooler Temperatures Bring the Threat of Fire** 

#### Eleven people died during October in North Carolina due to house fires

Temperatures in North Carolina are expected to dip this weekend and with the cooler temperatures, the risk for fire goes up when furnaces or fireplaces are turned on for the

first time. As a result, officials with the Office of the State Fire Marshal are urging all North Carolinians to check their smoke alarms and carbon monoxide detectors to ensure they are in working order, a practice which can save lives. 'Working smoke alarms cut the risk of dying in a home fire in half," said N.C. Department of Insurance Commissioner and State Fire Marshal Mike Causey. "I urge every North

Carolinian to test their smoke alarms at least once a month using the test button. If you are unable to conduct the test, call your local fire department so fire firefighters can either check or install an alarm for you.' In October 11 people in North Carolina were killed in house fires, with some of the

fatalities due to improperly working alarms. "Due to their vital role in reducing fire deaths and injuries, this weekend, we have staff in certain parts of the state going from home to home to check the status of fire alarms,

added Commissioner Causey. "If there is a fire in your home, smoke spreads fast and you need working smoke alarms to give you time to get out—that's the message our staff In addition to working smoke alarms, the OSFM encourages families to have an escape plan. That is, every family member should know two ways to get out of a room and to

nave a meeting place outside. Perhaps just as important as a working smoke alarm is a working carbon monoxide alarm, which can alert residents of a malfunctioning or improperly ventilated furnace or

other heating appliance. Carbon monoxide is a gas you cannot see, taste or smell and when inhaled, it can be fatal. Carbon monoxide monitors should be installed outside of each sleeping area in a house. For more information on how to escape injury and prevent house fires, visit nfpa.org,

#### **Youth Mental Health First Aid** Seminar Nov. 7

Youth Mental Health First Aid Training will be held on Tuesday, November 7 at Anson County Schools Board of Education, located at 320 Camden Road in Wadesboro, from 8 a.m. to 4:30 p.m. Certified MHFA Instructor Theressa Smith will conduct the training. Lunch and materials will be provided free.

То register contact Suzanne Maness at (910) 627-1769, toll free (877) 211-5995, or by email at connections fsp@gmail.com.The deadline to register is Friday, November 3.

### **Anson 4-H Yard** Sale is Saturday

Everyone is invited to come to the big yard sale sponsored by the Anson County 4-H Volunteer Leaders Association this Saturday, November 4, from 7:30 a.m. until 1 p.m. There will be many great deals on clothing for women, men and children, jewelry, wall decor, small furniture, appliances and much, much more! You don't want to miss this sale! Plus, all proceeds from the yard sale go to support leadership training and educational opportunities with Anson County 4-H.

place in the parking lot of Wadesboro Tractor Supply, located at 1051 East Caswell Street (Highway 74). Do You Need a

The yard sale will take

#### Coat or Blanket? **Would You Like** to Donate? The Faith-Based Center

of Hope continues their

'Warm Coats, Warm Hearts" program. They have distributed coats to several of the churches and schools in Anson County. Blankets for the elderly are also available. Missionary

Ebenezer Baptist Church is the pick

up site, or you can deliver donated items there too. Just call to schedule it. To donate coats and blankets or to request help,

please contact Vancine Sturdivant at 704-848-4412. The Express is on the

web at www.TheExpress Newspaper.com