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## **Proud Parents: Partnership Offers Interactive Playgroup**

This is a release from the Anson County Partnership for Children: Proud Parents offered in two locations for play and to meet other parents through December 12th. On Tuesdays, Proud Parents meets at Abbington Grove Apartments Community Building from 9:00am to 11:30am, located at 50 Abbington Grove Circle in Wadesboro. On Thursdays, the group meets at HOLLA! from 9:00am to 11:30am, located at 229 Main Street in Morven.

Each week the site transforms into a mobile early childhood playland with blocks, books, dress-up clothes, puzzles, play dough, balls, etc.

"More parents should take advantage of the programs Anson County Partnership for Children has to offer, especially since the services are free of charge," said Mary Neal, grandparent. "Play is important to the social development of a child, and Proud Parents offers that socialization time children need.

"The playgroups are fun for the children and parents alike. This low-pressure, encouraging environment is fabulous place to build stronger parent-child relationships and give your child the opportunity to play and socialize with other children, said Tracy Harrington, Early Childhood Resource Center Coordinator, Anson County Partnership for Children

Proud Parent is a family support program that combines Circle of Security and Kaleidoscope Play and Learn. These programs combined, present an opportunity to learn about positive parent-child interaction and practice the skills in a safe space. The sessions will help parents understand the importance of play, in addition to building a positive and secure connection with their children. Parents learn not only the "why" of play but also the "how."

There is still time to join the fun! Lunch is provided for those in attendance. Children and parents will attend the sessions together.

Proud Parents is available for caregivers that reside in Anson County. For further information, please contact Katie Sewell at (704)694-4036 or email at katie.sewell@ansonchildren.org.

The Anson County Partnership for Children is a non-profit public/private organization formed in 1996 in response to the North Carolina Smart Start initiative. The Partnership's mission is "helping to make Anson County a better place to be a child and to raise a child." For more information, contact the Partnership at 704-694-4036 or visit the Partnership's website at www.ansonchildren.org. This program was made possible by Tim and Betsy McAlister Groves Charitable Fund.

#### **Youth Substance Use Disorder Information for North Carolina Families**

Adolescent substance abuse and dependence are enormous problems, but there is hope. Studies have shown that treatment using methods proven to be effective and that include the youth's family give greater chances of recovery from the disease. This article provides youth substance use disorder information for NC families. More information can be found at www.ncfamiliesunited.org.

What to Do First Your first step is to contact the Local Management Entity (LME) in your region. For Anson County it is Sandhills Center, www.sandhillscenter.org, 1-800-256-2452. The LME provides a "help line" 24 hours a day, 7 days a week to assist with substance abuse and mental health issues. When you call you can:

- Receive substance use disorder/mental health information,
- Be referred to an appropriate treatment provider, or
- Get immediate assistance in an emergency situation.

The treatment provider will perform a comprehensive assessment. An assessment helps the professional identify the problems (and strengths) of the youth and to develop a course of action called the treatment plan.

Please be aware that keeping a youth at home while they receive treatment is generally recommended before residential options are considered.

You can also contact your local Systems of Care Coordinator in NC. The Systems of Care Coordinator will also explain the process of the screening/assessment of the youth and any recommendations for treatment or other actions to help your youth and family.

If you still have concerns, please call:

- Advocacy and Customer Service Section: 919-715-3197, NC DHHS CARE-LINE (help finding the programs and people to help you): 1-800-662-7030 (English/Spanish)
- Information & Referral Search: 211 • Lucy Dorsey, Sandhills Center, 336-389-6353 or

lucyd@sandhillscenter.org

- Referral and Support Information Alcohol and Drug Council of NC Information & Treatment Referral: Call 1-800-688-4232
- SAMHSA Treatment Referral: Click to find the Substance Abuse Treatment Facility Locator page or call 1-800-662-4357
- Partnership for Drug Free Kids Get Help: visit www.drugfree.org/get-help/ or call 1-855-378-4373
- Al-Anon/Alateen visit al-anon.org
- Amigos International (ayuda eñ espanol): www.amigosinternacional.org or 910-341-0007

- Substance Use Disorder Information Principles of Adolescent Substance Use Disorder Treatment www.drugabuse.gov
- Office of Adolescent Health Substance Abuse www.hhs.gov/ash/oah/adolescent-health-topics/sub-
- National Institute on Drug Abuse www.drugabuse.gov Adolescent Substance Abuse Information drugabusestatistics.org/teen-drug-use
- Community Impact North Carolina (CINC)
- impactcarolina.org
- Substance Abuse and Mental Health Services Administration (SAMHSA) www.samhsa.gov

### **Sandy Pines Top Ladies of Distinction Celebrates Their 1st Anniversary**

Top Ladies of Distinction (TLOD) Sandy Pines North Carolina Chapter celebrated a reflected first anniversary on Sunday, October 13. The members from the ladies and Top Teens of America (TTA) chapter of Sandy Pines spent the day giving back to the seniors at the Wadesboro Health and Rehabilitation Center. While going door to door sharing a cheerful spirit, they provided treat bags

to the seniors and staff members. "Serving senior Citizens is one of our thrusts under the Top Ladies of Distinction program," Teresa A. Smith said. Smith services as current chapter president and is the chapter organizer. Other officers serving with Smith are Gloria B. Smith, Recording Secretary, Fannie Ratliff, TTA Advi-

sor, and OnJerya Smith, Treasurer/Asst. TTA Advisor. The chapter was chartered on October 13, 2018, under the immediate past 13th National President Drema Lee Woldman.

Pictured in the photo, from left, are Sydnee Davis, 1st Vice TTA President, Fannie Ratliff, TTA Advisor, Jessica Ingram, Alexis Smith-McCoy, TTA Financial Secretary, Gloria B. Smith, Recording Secretary, OnJerya Smith, Treasurer/Asst. TTA Advisor and

Trinity Horne, community member. For more information about TLOD, TTA, and



## **Locate a Lost Life Insurance Policy**

If you suspect that a deceased loved one had a life insurance policy or annuity contract that you are having trouble locating, the North Carolina Department of Insurance (NCDOI) can help. The Department has created the Lost Life Insurance and Annuity Inquiry Service to help consumers locate benefits from life insurance policies or annuity contracts purchased in North Carolina. Individuals who believe that they are beneficiaries, as well as executors and legal representatives of the deceased person, may submit an inquiry form at a link on the NCDOI website, www.ncdoi.gov. Uploaded requests will be forwarded directly to North Carolina-licensed life insurance com-

panies. Insurance companies will then contact the beneficiary if a policy is located. If the person making the request is not legally entitled to information about the life insur-

ance policy or annuity, the insurance company will not make contact with that person. Instead, the insurance company will begin a search for the beneficiaries named on the policy.

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Parade at 3pm

Line up is at 2:00pm on Fries Blvd. Tractor trailers on Plank Rd. No Motorcycles.

## Anson County 2040 · Comprehensive Land Use Plan Update

Open House Schedule · November & December 2019

Over the next year, Anson County will update its comprehensive land use plan. The County will hold a series of open houses in November and December for residents to provide input on what they value about where they live and what they hope for the future.

Each open house will be open to the public from 5:00 pm – 7:00 pm.  Please plan to drop-in any time!		
Date	Location	Venue & Address
Thursday, November 14	Lilesville (East Anson)	Lilesville Fire Department 202 West Wall Street Lilesville, NC 28091
Thursday, November 21	Morven (South Anson)	HOLLA! 229 Main Street Morven, NC 28119
Thursday, December 5	Ansonville (North Anson)	Pee Dee National Wildlife Refuge 5770 US Highway 52 North Wadesboro, NC 28170
Tuesday, December 10	Polkton (West Anson)	South Piedmont Community College L.L. Polk Campus   Raye Community Room 680 US 74, Polkton, NC 28135
Thursday, December 12	Wadesboro (Central Anson)	South Piedmont Community College Lockhart Taylor Center – Ingram Room 514 North Washington Street Wadesboro, NC 28170

The content and process will be the same at each open house and light refreshments and activities for children will be provided. Please attend the open house that is most convenient for you!



For more information, contact Anson County Manager Barron Monroe at BMonroe@co.anson.nc.us.

