Parks & Rec Youth Basketball Registration

Registration has started for Anson County Parks & Recreation Youth Basketball. This program is for grades K-2, 3-4, 5-6, 7-9 and 10-12. The cost is \$25 per player. You can register at Little Park, Monday through Friday, 8:30 a.m. to 5 p.m. Also, registrations will be held at the following locations, from 3 to 5 p.m.:

- Monday, November 17 Peachland-Polkton Elementary School & Wadesboro Primary School
- Tuesday, November 18 Lilesville Ball Field
- Wednesday, November 19 Morven Elementary School
- Thursday, November 20 Ansonville Elementary School

The deadline to register is Friday, December 12. For more information call Wendell Small at 704-694-5868.

HOUSER ROOFING



Specializing in tear off and installing your shingles & repairing leaks. All types of general construction & maintenance work too! FREE ESTIMATES!

704-465-8154 (Cell) 704-465-8088 (Office)

Brakes/Mufflers & LOTS MORE!

Keep Your Car Running Great and Improve Gas Mileage Too!

- **ALL EXHAUST WORK**
- Mufflers and Tailpipes
- Catalytic Converters Complete Custom Dual Exhaust Systems
- **BRAKES** ▶ Disc and Drum
- **WHEEL BEARINGS** & HUB ASSEMBLIES **SUSPENSION WORK**
- ▶ tie rods, ball joints,
- **▶** steering racks & more
- **DRIVETRAIN REPAIR** rear ends, u joints & more

SHOCKS

29 Years Experience

Tracy Caudle 3971 Highway 74 West Wadesboro • 704-694-5270

Across from School Bus Garage & Crawford Used Parts

GOODWIN'S RUUD Heating & Air

New Customer

PRE-SEASON FURNACE TUNE UP SPECIAL

Gas Furnace Maintenance...\$5999 **Heat Pump Maintenance....\$6999** Oil Furnace Maintenance....\$7999

Expires November 26, 2014



Information about NC Foreclosure Prevention Fund on Television Thursday

Homeowners having difficulty making mortgage payments or facing possible foreclosure can learn more about the North Carolina Foreclosure Prevention Fund during a live phone bank on WBTV-Channel 3's morning and evening news this Thursday, November 13.

Watch Channel 3 from 6 to 9 a.m. or 4 to 7 p.m. to talk to counselors who will answer questions about the Fund, which helps make mortgage payments for eligible homeowners facing temporary financial difficulty. Information is also available online at www.NCMortgageHelp.gov or by calling 1-888-623-8631.

Cooperative Extension's NC Farm

Schools Support New and Aspiring Farmers Deadline to register for Southern Piedmont Farm School is November 14

In an effort to help "grow" new farmers in North Carolina, N.C. Cooperative Extension is offering four NC Farm Schools across the state beginning in January. The

Southern Piedmont Farm School will meet at the Cooperative Extension center in Rowan County (2727 Old Concord Rd, Salisbury, NC) and will receive support from Cooperative Extension agents in nine surrounding counties. New farmers, like husband-wife team

Al and Linda Hutchinson, who just recently purchased some farmland after receiving the Farm School as a gift, stated it was "the best Christmas present ever!"; Al and Linda are planning to start their Wild Kitchen Garden farm providing old fashioned herbs, fruit, flowers, and veggies. Mike and Jenny Tate from Forsyth

County is developing Rebecca Knoll Farms in which they are growing high nutritious crops to provide to those less fortunate. Mike stated "after 30 years

Ridge Vineyard and Organic Farm. in business, I had a voice telling me to do something agriculture, and this school helped

Piedmont Farm School visiting Sanders

put us in the right direction". Father-daughter team Chip and Kathryn Webb of Vine and Fig Tree, say the farm school provided invaluable help in growing their operations. The Webbs have a test garden in Forsyth County, several acres of fruit trees and muscadine vines near Tyro in Davidson County and a historic farm near Churchland in Davidson County where George Washington ate breakfast in 1791. The experience also helped them get to know the extension agents in each of the three counties. "Farming is a multi-disciplinary enterprise," Chip Webb said. "And, we have delighted in learning from some of the brightest and best teachers from North Carolina State University and our extension educators."

The first Cooperative Extension farm school started in Davidson County in 2012, fueled by growing consumer interest in local foods, increasing sales at farmers market and other direct-to-consumer markets and a desire to grow the next generation of farmers. The average age of North Carolina's farmers is 57.

Amy-Lynn Albertson, Davidson County agricultural extension agent and a Farm School founder, said extension agents are frequently approached by landowners who want to know how to start a business on their land. More and more families are looking at ways to supplement their incomes and put their land into something productive, she said. "One of our challenges as agents is getting farmers to talk about business planning," Albertson said. In starting the first NC Farm School in 2012, Albertson realized the program would be overwhelming for just one extension agent, so she asked others in nearby counties to help. Since the first year, the program has continued to grow across the state.

The Southern Piedmont Farm School is a seven-month educational program that trains beginning and transitioning farmers to operate successful, small-scale sustainable farms. The school offers seven business planning seminars to give farmers the tools to create a viable business plan. Each business session will focus on different areas of writing a business plan including financial management and effective marketing strategies.

The school also includes seven day-long field trips at different working farms led by innovative, experienced farmers and agricultural professionals. Participants will learn about low-cost sustainable farming methods, from growing fruits and vegetables, to raising cows, pigs, poultry, goats. The schools also will cover specialty crops and agritourism.

The business classes will meet the second Thursday of the month, beginning in January, from 6 to 9 p.m. at the Rowan County Cooperative Extension office (2727 Old Concord Rd., Salisbury, NC 28147), and the farm field days will typ-

ically be the fourth Thursday of the month from 9 a.m. to 3 p.m. The farm field days will take place at various farms throughout the area.

Registration deadline is November 14, and the program fees are \$250 for one person; \$400 for a farm couple. Visit www.ces.ncsu.edu for the brochure and application, or call 704-216-8970 for more information. Other extension agents involved in the Southern Pied-

mont Farm School are: David Goforth and Carl Pless -Cabarrus County, Amy-Lynn Albertson - Davidson County, Pam Jones - Davie County, Kristin Davis - Mecklenburg County, Jamie Warner - Montgomery County, Aimee Colf - Anson County, Danelle Cutting and Thomas Cobb – Rowan County, Dustin Adcock – Union, Stanly, and Anson Counties, Teresa Herman – Iredell County, and Gary Bullen from NC State.

As we near the end of your insurance year, we wanted to remind you to take advantage of any unused vision benefits. Every year you receive a maximum amount from your vision

insurance company, and in most cases the unused portion of the amount is lost when the new insurance year starts.

These are benefits you have already paid for!! Your vision care is important to us and we want to make sure you get

the care you need without overpaying. If you have been postponing your vision exam, now is a great time to come!!

Please call us at 704-694-3618. We look forward to seeing you!!





1134 Holly Street Wadesboro (On Highway 74 across from Forbes Jewelers) 704-694-3618 Monday-Thursday 8:30-5 & Friday 8:30-12:30 Small Related Items

Poultry · Small Animal

EVERY SATURDAY at 10am

Gates Open 7:30am First Come, First Sale

Highway 52 North of Ansonville Just before Rocky River Bridge At G&M FEED MILL

BLAKE'S AUCTIONS NCAL #7614 910-439-4366

THE EXPRESS • November 12, 2014 • Page 6 Free Pesticide Collection Day is Thursday

Do you have pesticides at your home of farm that you no longer need or use? If your answer is 'yes,' then you'll be interested in the Anson County Pesticide Collection Day on Thursday, November 13. The Anson County Extension Office, in cooperation with the NC Department of Agriculture and Consumer Services' Pesticide Disposal Assistance Program, a non-regulatory and cost-free program, will be offering this Pesticide Collection Day for residents

County Agricultural Extension Agent Jessica Morgan will be the local contact for the

Nearly all pesticide products will be accepted at this amnesty collection event, including banned and out-dated pesticides. For pesticides with unreadable or missing labels,

please contact the Cooperative Extension Office for instructions. Please save any portion of the label to help identify the material so you can be assisted with disposal. Un-

For pressurized pesticide gas cylinders or containers greater than 5 gal in size, please contact the Extension Office before the collection day for special instructions and in-

formation. For tips on transporting the pesticides safely to the collection event contact

Each year the Pesticide Disposal Assistance Program visits between 40-50 counties

to collect unwanted and unused pesticides. This means that a collection day of this kind only happens about once every other year in each county. Don't miss this oppor-

tunity in Anson County. It is co-sponsored by NCDA & CS and the North Carolina

For more information contact Jessica Morgan, Anson County Agricultural Extension

event. The collection will run from 10 a.m. to 2 p.m. at the Anson County Farmers

in Anson County and all of the surrounding North Carolina counties.

Market on Highway 52 South.

known materials cannot be accepted.

the Extension Office at 704-694-2415...

Cooperative Extension Service.

Agent at 704-694-2415.