

1742
Bulk Rate
U.S. Postage
PAID
Permit # 49
Wadesboro, NC
28170
Postal
Customer

THE EXPRESS

205 West Morgan Street • Wadesboro, NC 28170 • 704-694-2480 • TheExpressNews@gmail.com • www.TheExpressNewspaper.com

Serving Anson County and the Municipalities of Ansonville, Lilesville, McFarlan, Morven, Peachland, Polkton and Wadesboro.

Wadesboro Christmas Parade is Thursday

Enjoy the Wadesboro Christmas Parade at 4 p.m. on Thursday, December 1, then stay afterwards for "Christmas in the Village" on the Square. There will be music and performances, pictures with Santa, food trucks, Christmas caroling and a tree lighting. Uptown stores will be open until 8 p.m. too! See you there!

Friends of the Hampton B. Allen Library to Host Book Sale After Parade

One of Santa's elves will assist with operations

The Friends of the Hampton B. Allen Library will host a book sale this Thursday, December 1. The sale begins immediately after the Uptown Wadesboro Christmas Parade concludes, at 5:00 p.m. The sale will feature used hardback books for 50¢ each, and 25¢ paperbacks will be available. One of Santa's elves is attending to hand out wrapped books as presents.

While there, shoppers can enjoy complimentary cider and cookies and get a library card. They can also vote via donation for one of three family-friendly Christmas movies. The library will show the chosen movie that raises the most money during the holiday season.

During the sale you can register to become a member of Friends of the Hampton B. Allen Library. The yearly membership fee is \$10.

All donations and profits from the sale go to the Friends of the Hampton B. Allen Library. Proceeds will support the Friends' mission and outreach efforts. Previous outreach includes providing care kits to the librarians of Anson County schools.

The Friends of the Hampton B. Allen Library is a 501(c)(3) nonprofit organization. It strives to focus public attention on the library and its services. The Friends encourages gifts, endowments, and bequests to the library. It also supports and cooperates with its services and facilities for Anson County. For inquiries, contact Devin Pettiford at devintpettiford@gmail.com.

Road Improvements Coming to Anson County

Drivers in Anson County will have a smoother ride on more than six miles of roadways, thanks to a \$2.4 million contract awarded by the Department of Transportation.

The contract calls for milling, resurfacing, shoulder reconstruction, and installing pavement markings and snow plowable markers to several roads, including 0.64 miles of U.S. 74 in the vicinity of Morven Freight Line Road and the end of the highway's five-lane section.

Other roads included in the contract are:

- West Wall Street between Stanback Ferry Road and U.S. 74
- Old Prison Camp Road parallel to U.S. 74
- White Store Road between Prison Camp Road and Coffee Pot Road
- Carpenter Kendall Road between N.C. 109 and Stanback Ferry Ice Plant Road

Lynches River Contracting Inc. of Pageland, S.C. was awarded the contract. Work can start as early as April 2023 and be completed by September 2024.

Anson Health Fair is December 6

The public is invited to come join the Anson County Health Department along with SPCC for a Health Fair on Tuesday, December 6, from 9 a.m. to 12 noon at Anson County Health Department. Many health topics will be addressed and there will be food, drinks and free giveaways.

Come explore these topics:

- Heart health • Diabetes information • Car seat safety
- Smoking cessation • Fitness and nutrition
- Stress management • STI and contraceptives

The Health Fair will be presented by SPCC nursing students. They look forward to seeing you then!

The Health Department is located at 110 East Ashe Street in Wadesboro.

The telephone number is 704-694-5188.

Lifelong Improvement Through Free Fitness Together (L.I.F.T.) Class Offered in 2023

This is a release from Roshunda Terry, County Extension Director: Are you an adult, of any age and fitness level, who would like to learn how to achieve and maintain a healthier lifestyle? Would you like to learn and practice exercises designed to help increase strength, flexibility, and balance while improving your nutrition habits? Would you like to make new friends and build community connections? Would you enjoy a FREE interactive program in a group setting? THEN LIFT IS FOR YOU!

L.I.F.T. is a research-based program that helps develop relationships, and improves functional fitness and emotional health. These classes will help improve your strength and mobility, learn healthy food options, and most importantly, help form a community to socialize and interact in the virtual world.

L.I.F.T. is an 8-week group-based strength training program that meets two times a week for 1-hour sessions. This program is open to all adults, young and old and will be taught in a hybrid format. Participants will attend in person with their local FCS agent and sessions will be taught collaboratively with local and area FCS agents over Zoom. The classes meet Tuesdays and Thursdays, from January 10 through March 7, from 10:00 to 11:30 a.m. (No Class on February 2). Anson participants will meet at the County Extension Office, located at 501 McLaurin Street in Wadesboro. These classes are free of charge.

Alexander, Anson, Montgomery, Lee, Richmond, Stanley and Union counties have partnered to offer this virtual fitness program. Agents will instruct the hour-long class and all you have to do is click the link and participate. How easy is that? Classes will be prerecorded for those who may have a scheduling conflict and have to miss our live class.

Making time for exercise can change your life! If you're looking for a free, at-home strength training program, L.I.F.T. is the program for you. Let's get active, together! The link to register is: go.ncsu.edu/newyearnewlift.



Gay Lookabill Honored for her Service to the Board of Education

The Anson County Board of Education presented a resolution honoring outgoing board member Gay Lookabill during their regular meeting on November 21. The Board of Education shared their appreciation for Mrs. Lookabill for the time she has invested and the valuable contributions she has made while faithfully and efficiently serving the citizens of Anson County.

Additionally, during Mrs. Lookabill's five-year service on the board, the board commended her for showing sincere concern and compassion toward the children of Anson County, as well as the entire school system.

Carol Ann Gibson, Board Chairperson (left), is shown presenting the resolution to Mrs. Lookabill.

Democratic Party Convention is Saturday

After election of new party officers, nominee for sheriff will be selected

The Anson County Democratic Party Convention will be held this Saturday, December 3 at the Anson County Courthouse starting at 11:30 a.m. Registration for elected delegates will open at 11:00 a.m. The courthouse address is 114 North Greene Street in uptown Wadesboro.

The convention agenda will include the election of new county party officers. Immediately following the convention, a Democratic Party County Executive Committee meeting will be held to select a nominee for sheriff.

Anson Mobile Market is December 15

This is a release from the Anson Cooperative Extension: Atrium Health Anson, Anson County Extension, Carolinas Primary Care, Anson County Health Department and WellCare have partnered to offer the Anson Mobile Market. This is an event that will afford the citizens of Anson County to receive six to eight different types of fresh produce monthly. This is a free initiative, so please stop by and get some produce.

This event is to assist in the scarcity of fresh, healthy food in the county. It will also serve as an educational event to offer education on the two targeted areas of the county health assessment which are tobacco use and hypertension. Agencies will be set up offering services and information in those two targeted areas. There will be blood pressure and blood sugar checks, along with other healthy living topics. There will also be recipe cards for produce items you will receive each month to assist in cooking them.

The event will be held on the Square in uptown Wadesboro (corner of Greene & Wade Streets) on Thursday, December 15. There will be two time intervals to pick up produce, 10:00 a.m. to 1:00 p.m. and 3:00 to 6:00 p.m. This gives those that are working and get off later the opportunity to come pick up items. Items will be on hand for you to carry your produce in along with some give aways. We hope many will come out and participate in this wonderful opportunity.

Happy Feet Movie Night at Hatcher Park on December 16

The Anson County Partnership for Children is hosting a movie and literacy night on Friday, December 16, from 5:30 to 8:00 p.m. at Hatcher Park in Lilesville. This event is free and open to the public. Explore the fascinating world of penguins with books and activities, before the showing of the movie Happy Feet at 6:00 p.m.

"This movie night is a fun way for families to spend quality time together while building knowledge in all content areas," said Tracy Harrington of the Anson County Partnership for Children.

There will be popcorn and drinks for those in attendance at no cost. However, guests may also bring other food to eat. No grills, large coolers, alcohol or glass are allowed.

This event will be held outdoors. Guests are asked to dress for the weather as well as bring lawn chairs and blankets to sit on during the movie. Adults must always accompany all children during the event. If there is inclement weather, the event will be rescheduled for the spring.

For more information contact Tracy Harrington at 704-694-4036 or visit the Partnership's Facebook page.

Harvest Ministries Hosts 12th Annual Free Turkey Giveaway

On Saturday November 19 Harvest Ministries in Wadesboro provided free thanksgiving turkeys to families in Anson County. Lead Pastor Steve Adams shared, "This event is in its 12th year, and each year we are grateful to be able to make the Thanksgiving meal planning a little easier. With the cost of items and goods getting higher, the need is greater than ever, and its our responsibility as neighbors, friends and Christ followers to do our part to meet needs right in our own back yard...and today the line began forming at 9:00 a.m. confirmed the need.

Adams stated that donations of turkeys came from various sources and partnerships. An online fundraiser met a goal of \$1,000 in just a few days. At the end of the day, 144 families were blessed with a Thanksgiving turkey courtesy of Harvest Ministries.

Pastor Steve would like to thank the community of Anson County for their heart to partner to make this endeavor possible. As always, a special thank you to the people of Harvest for their commitment to "find needs and fill them, find hurts and heal them."

Community Christmas Blessing Event Harvest will now turn their efforts to providing hundreds of toys and other items at the 23rd annual "Community Christmas Blessing" event. This year it will be held on Sunday, December 18 at 10:30 a.m. and is a free event open to the entire community. For more details or to partner call: 704-695-2879.



Candlelight Tour of the Boggan-Hammond House and Alexander Little Wing Scheduled for December 10

The Anson County Historical Society will be host a candlelight tour of the two historical structures where their office is located, the Boggan-Hammond House and the Alexander Little Wing. Costumed interpreters will present the houses as would have been done at Christmas time in the late 18th century, early 19th century.

This event will take place on Saturday, December 10 between 5:00 and 8:00 p.m. Admission is free, but donations are welcomed. All donations will help fund the restoration and ongoing care of both of the historic structures.

Everyone is invited to come by and experience Christmas of simpler times.

The Historical Society is located at 206 East Wade Street in uptown Wadesboro. The telephone number is 704-694-6694.

The Compassionate Friends Meet Every Month

Next meeting is Thursday, December 8

The Compassionate Friends, a support group for parents, grandparents and siblings who have lost a child of any age, welcomes you to attend their monthly meetings. They meet on the second Thursday each month, at 7 p.m. at First Baptist Church on Lee Avenue in Wadesboro.

"We need not walk alone." For more information call Ken Caulder at 704-694-2524.

Feed My Lambs "Heart of Christmas" Fundraiser

Feed My Lambs is holding their Heart of Christmas fundraiser this Friday, December 2. The event will be lots of fun, with delicious food, a silent auction, a festive attire contest and more! It takes place at Lilesville Baptist Church, with doors open at 6 p.m.

Sponsorships are still available. Tables are going fast! For information contact Lisa Holt at 704-695-1820 or: feedmylambs99@gmail.com.

Cheraw Arts Commission Theatre Class Holiday Showcase is this Saturday

The Cheraw Arts Commission invites the public to attend "Holiday Showcase" on Saturday, December 3 at the Theatre on the Green in Cheraw. The Showcase of dialogue, music, improvisation and commercials features Theatre class participants.

Theatre classes started in September culminating with the performance. Theatre classes resume in January. Class instructor is Laney Rogers who has written the Holiday Showcase.

The Showcase will begin at 2pm with \$2 admission at the door. Contact the Cheraw Arts Commission for additional information 843.537.8420 x 12.

Movie Time at the Hampton B. Allen Library

The Hampton B. Allen Library announces Movie Time, to be held on Monday, December 5 at 10:00 a.m. in the Pritchett Room. The movie is Reba McEntire's *Christmas in the Heart* starring Reba McEntire and John Schneider. Masks are optional.

For more information you can contact the library at 704-694-5177.