

Blessing Bags for the Homeless in Anson County

Mission Committee Partners With Safer Communities to Provide Backpacks

The Mission Committee of the Anson Baptist Association has partnered with Safer Communities to provide backpacks for the homeless population in Anson County. Each backpack is filled with the items listed below and distributed by the Anson County Sheriff’s Department and Safer Communities.

The “Blessing Bags” include essentials such as a backpack, Bible (easy-to-read version), blanket, water bottle, socks, chapstick, toothbrush and toothpaste, comb or brush, deodorant, hand sanitizer or wet wipes, granola bars, crackers, peanut butter, jerky, fruit cups, nuts, canned meats or foods with pop-open lids, and a small first aid kit.

If your church would like to volunteer to provide backpacks for the homeless, please contact Beth Rogers at 704-695-2010 or David Ross at 704-694-2790 for more information.

“I am so thankful for the churches that have already stepped up to assist with this ministry,” said Beth Rogers, chair of the Anson Baptist Association Mission Committee. “When churches work together, big things can be accomplished.”

Homelessness is at an all-time high in Anson County, a reality that many may not realize. This ministry aims to bring comfort, compassion, and hope to those in need throughout the community.



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SCAN FOR MORE INFORMATION





Church

DECEMBER 12

Christmas Play

At Bethany Freewill Baptist Church on Old Lilesville Rd in Wadesboro, 7pm.

DECEMBER 13

Community Holiday Social Presented by Fairview Church of God & Burnsville Community, 5-8pm at the Burnsville Fire & Rescue, 13380 Hwy 742, Polkton. Plenty of fellowship, food, fun & unity! Open to everyone! Info 704-465-0808.

Christmas Caroling Concert At Sandy Plains Christian Fellowship, 1154 Cason Oldfield Rd, Morven, 5pm featuring southern gospel worship group 2nd Chance Ministry. Festive Christmas celebration after concert. Bring your favorite finger foods, snacks & desserts to share.

DECEMBER 14

17th Pastoral

Anniversary for Bishop Arvester Lindsey & Elder Terry Lindsey at Rose of Sharon Friendship Church, 3pm with Bishop Greg Bennett of First Baptist Church in Ansonville.

DECEMBER 20

Christmas Prayer Breakfast At East Rock Ford Baptist Church, 9am with songs, prayers, free delicious full breakfast, fun & games, prizes and fellowship!

DECEMBER 21

Christmas Musical At Divine Unity House of Restoration Ministries, 6090 Hwy 109 S, Wadesboro, at 2:30pm.

DECEMBER 25

Christmas Morning

Service At Sandy Plains Christian Fellowship, 1154 Cason Oldfield Rd, Morven, 9am. Join us for around the tree singing, worship & communion.

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ONGOING

Addiction Recovery Support group meets every Sunday, 6pm at Harmony Community Church, located at 1984 Pulpwood Yard Rd in Peachland. 704-272-7410.

Bible Class At Red Hill Baptist Church, 12noon, Wednesdays, public invited

Weekly Praise & Worship Schedule Shiloh Christian Community Church, 1752 Shiloh Church Rd. Preaching 1st and 3rd Sundays, Sunday School weekly, services start at 10am.

Community Singing

Last Sunday of each month at New Life Ministries, Hwy 109 S (Trexler Dr). Sunday School 10am, Singing 11am. Community is invited to come & sing! Info Pastor Randy Brooks 910-544-9232.

Events

DECEMBER 11

Free Food Anson Mobile Food Market 10 a.m. at the Anson Animal Shelter, 7257 Highway 74 in Polkton, at the entrance to Field of Dreams. Fresh veggies, fruit & bread if available. Blood pressure checks, along with healthy living topics & booths. Nothing required to receive food, just come! Volunteers will help you with the bags. Sponsored by Anson Extension Service.

DECEMBER 15

Board of Education Regular Meeting Closed Session begins 3pm to discuss matters related to personnel & property pursuant to NCGS 143.318.11(a)(6) and NCGS 143.318.11(a)(5). Open Session begins at 4:30pm. View at Anson County School's YouTube page. (Search YouTube for Anson County Schools.) Meeting takes place in Administrative Office Board Meeting Room, 320 Camden Rd in Wadesboro. For public comment, sign up in-person. Sign-up sheet will be available 30 minutes before the meeting.

DECEMBER 16

Board of Commissioners Meet 6pm in Anson County Courthouse, 114 N. Greene Street, Courtroom #1, Wadesboro. Meeting involves Duke Energy and the proposed massive solar facility in Anson County. Meetings are available online at youtube.com, search for Anson Commissioners. To appear, sign up prior to meeting. Info 704-994-3201.

Alzheimer’s Association Launches Brain Health Habit Builder To Empower Americans To Take Charge Of Their Brain Health

Free interactive tool helps north carolina residents assess current habits, build personalized plans to improve brain health

The Alzheimer’s Association - Western Carolina Chapter has launched a new Brain Health Habit Builder, a free interactive web-based tool designed to help individuals assess their lifestyle choices and take proactive steps toward better brain health.

The Habit Builder provides a quick, engaging experience that takes about three to five minutes to complete. It guides users through a self-assessment of their daily habits

and encourages them to make small but meaningful changes. After finishing, users receive a personalized action plan with evidence-based recommendations drawn from the U.S. POINTER study, which showed that targeted lifestyle changes can improve cognition in older adults at risk for decline.

“Healthy habits can help you live better now and protect your memory and thinking as you age,” said Katherine Lambert, CEO of the Alzheimer’s Association – Western Carolina Chapter. “This new tool makes it easy to check your habits and build a personalized plan to support lifelong brain health.”

Brain health includes how well people think, learn, and remember. While the science continues to evolve, research increasingly shows that addressing risk factors such as inactivity, poor diet, or social isolation - and adopting healthy behaviors - can reduce the risk of cognitive decline and possibly dementia.

The Alzheimer’s Association continues to lead the effort in promoting brain health through public education. Its 10 Healthy Habits for Your Brain campaign offers practical strategies for everyday life, and its in-person and virtual programs - including Healthy Living for the Brain and Body - are available across North Carolina.

The new Habit Builder is the first of several upcoming Alzheimer’s Association initiatives inspired by the POINTER findings. Future efforts include a virtual training program for health care providers, a community recognition initiative to highlight brain-health-friendly businesses, and a statewide roundtable bringing together leaders from health, public health, and community sectors to foster collaboration and impact.

“The Alzheimer’s Association is committed to ensuring individuals across North Carolina have the information they need to routinely and meaningfully take action to improve their brain health,” Lambert added. “Making even small changes can make a big difference.”

To start building your personalized brain health plan, visit alz.org/habitbuilder.

To find an Alzheimer’s Association education program near you, visit alz.org/wncmonthlyprograms.

Chair Exercise Classes at the Library

The Hampton B. Allen Library is hosting chair exercise classes every Thursday. Class begins at 10:00 a.m.



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