Affordable Health Screenings Coming to Wadesboro December 21

Residents living in and around Wadesboro can learn about their risk for cardiovascular disease, osteoporosis, diabetes, and other chronic, serious conditions with affordable screenings by Life Line Screening. Twin Valley Country Club will host this community event on Thursday, December 21. Twin Valley is located at 2305 Country Club Road in Wadesboro.

Screenings can check for:

- The level of plaque buildup in your arteries, related to risk for heart disease, stroke and overall vascular health.
- HDL and LDL Cholesterol levels
- Bone density as a risk for possible osteoporosis Kidney and thyroid function, and more

Screenings are affordable, convenient and accessible

for wheelchairs and those with trouble walking. Free parking is also available. Packages start at \$149, but consultants will work

with you to create a package that is right for you based on your age and risk factors. Call 1-877-237-1287 or visit www.lifelinescreening.com. Pre-registration

\$81,995* Delivered to Site & Set Up

4 BEDROOM 2 BATH Price includes heat pump, two 4x6 steps + deck, plumbing under home, concrete footings, brick skirting, electrical 200 amp service (home only), setup, blocked & tied down & county permit.





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Church News

DECEMBER 15 Christmas Cantata At Deep Creek Baptist Church, 7pm

DECEMBER 16

Fellowship Outreach **Dinner** at Johnson Chapel Holiness Church, 11am

until. All are invited Christmas Program

At Flakes Chapel MBC, 5pm. Everyone is invited

Women's Conference At Tabernacle House of

Praise 6:30pm w/Beverly Medley Ministries. All are invited **DECEMBER 17 Christmas Musical**

& Story at Lambs Ark of Refuge, 6pm. Rev Martha Grant invites all to come & enjoy Christmas Dinner and

1 Year Celebration for Pastor Pete McNeil at Chilson Grove MBC, 11:30am w/James Flowers. Gifts will be presented. All are invited

DECEMBER 20 Community Christmas **Dinner** at Flat Rock MBC, 5-8pm w/speakers

980-278-1760 **DECEMBER 21**

At Divine Unity Church, 7pm. Overseer Sylvia McLendon invites all to attend

O' Little Town of Bethlehem, 11am at North Wadesboro **Baptist** Church

Holy Ghost Revival At Lambs Ark of Refuge,

7pm w/Pastor DeWayne Powers. Come & be fed JANUARY 14

Bluegrass Group Concert Chosen Road plays at North Wadesboro Baptist Church, 6pm. Refreshments served after concert **ONGOING**

Reading Program

At New Parkers Grove MBC, for anyone in third grade and up who needs help with reading, Tuesdays and Thursdays, 4-

5pm, 704-994-9182 Time for You Music, prayer & praise at

at Expected End Ministries by Pastor Betty Tillman

Hopewell UMC **Intercessory Prayer &** Bible Study at Sandy

Ridge MBC every Wednesday, 5pm Bible Study At West Deep Creek

MBC each Wednesday at

6:30pm Youth Night

At Vision of God Ministries in Morven each Sat, 5-7pm w/bible study, Christian movies, games, crafts refreshments & more Addiction Recovery

Support group meets every Sunday, 6pm at Harmony Community Church in Peachland. 704-272-7410

Bible Study & **Prayer** At Kesler Chapel AME

Zion every Wednesday 7pm

Bible Study Classes Every Tuesday-Evangelistic Outreach Center

on Hwy 74 in Polkton

at 6:30pm Bible Study

Every Wednesday night at 7pm at New Grove MBC. Need a ride? Call 704-272-8884

THE EXPRESS • December 13, 2017 • Page 4 The Church Calendar is Brought to You by These Sponsors C&M

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to find out how...704-694-2480

Chronic Illness Support

Group meets at CHS-Anson in Conference Rm, 6:30pm. Topic: How to face your treat-Refreshments served

DECEMBER 18 Brown Bag Book

at Hampton B. Allen Liby brarv w/program Anson County Writer's Club. Members will read contest winning entries. Everyone is invited to come, bring a covered dish. Info 704-694-5177

DECEMBER 21 Holiday Craft Workshop

By Anson County 4-H for ages 5-12. You do not have to be enrolled in 4-H to attend. 10am-1pm at Extension Office on McLaurin St in Wadesboro. \$7, register at Extension by Dec 8 **JANUARY 3**

Free Groceries For families in need. Mo-

POISSON

OISSON

bile Food Pantry at Austin Grove Baptist Church, located at 5919 Austin Grove Church Rd in Marshville. Register 8:30am. Call for details 704-694-2445 **ONGOING EVENTS Anson County Board**

Commissioners **Monthly Meetings** are held the first Tuesday of

the month at 6pm in Board Rm (Suite 209) Government Bldg, 101 S. Greene St in Wadesboro. Info 704-994-3201

After School Program Kid Cafe Mon-Fri from 2:30-5:30p.m. at the Burnsville Recreation & Learning Center, 704-826-8737 Lions Club Welcomes New

Members The Wadesboro Lions Club meets at Papa Joes Restau-Club Meets, 12 noon rant the 2nd & 4th Thurs-For more info or to purchase a broom please call Jim Chandler 910-571-1448 Childcare Association

Meets every 3rd Thursday of Month, 6:30pm. Info 704-695-1666 Ansonville Museum

Ansonville Historical Society Museum open by appointment. 704-826-8129 Free Movies

4th Monday of the month at Hampton B. Allen Library, 10am. Info 704-694-5177

Afternoon Out For ladies & gentlemen at Grace Senior Center each

Monday from 2-4pm. Enjoy bingo & activites led by someone from the center. Register & info at 704-694-6616 Children's Group Meets

Every Thursday at Anson County Domestic Violence Coalition, 5-6pm to discuss

how to keep you & your children safe 704-694-4499

MoMs Meeting Support group for mothers

> 6:30pm, Lockhart-Taylor Center, 704-695-1031 Family Caregiver Support Group

> First Mondays, 7-8:30pm, Peachland United Methodist Church Fellowship Hall, anyone concerned with Alzheimer's disease invited

> of multiples, third Tuesdays,

Lillie Belles Red Hat

day each month at 6:30pm Meeting, third Tuesdays, 2:30pm, At Lillie Bennett Nursing Center, all Red

Hatters invited Storytime Tuesdays, Hampton B. Allen Library, 10am

50+ Club At Hampton B. Allen Li-

brary, second Mondays, Pritchett Room, 10:30am, wheelchair accessible Cub Scouts Pack #530

Meets each Thursday at Peachland UMC at 7pm. Info 704-994-9173 **Bariatric Pal Support** Group meets the 4th Monday

of each month at CHS-Anson, 6pm. 704-475-3024 **AA Meetings** Mondays, Tuesdays &

Thursdays, 8pm & Sundays 8am & 7pm at AA Building, 2111 Country Club Rd in Wadesboro next to Ambassador Health **Chemical Dependent?**

There is help. Chemical Dependency Anonymous meets Thursdays, 8pm at AA Building, 2111 Country Club Rd in Wadesboro

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YEAR PARTY HERE!

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Dommunity

Harvest Ministries Outreach Center (BEHIND PIZZA HUT IN WADESBORO, NC) Sunday December 17TH 2017 10:30am-3:00pm

EVENT BEGINS AFTER AREA CHURCH SERVICES

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6pm at Wightman UMC Bible Study Every Wed night, 7:30pm at Victory Temple Miracle Center Bible Study Thursday nights, 6:30pm at House of Faith Outreach Ministries, 198 Wortham St, Wadesboro Bible Study

Every Wednesday at noon **Exercise Class** Each Thursday at 2pm at

& entertainment.

Adult Christmas Cantata

DECEMBER 28 - 30

Christmas Program

DECEMBER 24

BIG COUNTRY TAVERN Formerly Robert's Rib



SMOKED BBQ - SMOKED CHICKEN - STEAKS

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