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Mrs. Elizabeth Gibbons Barbee

Mrs. Elizabeth Gibbons Barbee, 99, died Thursday, December 5, 2019, at Novant Presbyterian Hospital in Matthews.

Funeral services were held on Friday, December 13, 2019, at Deep Creek Baptist Church with Rev. Mark Perko officiating. Interment followed in Anson Memorial Park.

Elizabeth was born June 21, 1920, in Washington, DC, a daughter of the late George Cardinal Gibbons and the late Edith Tippet Gibbons.

While she worked for many years alongside her husband as the bookkeeper for their trucking business, her most loved career was that of homemaker and mother. She enjoyed having a garden and took great pleasure in the canning and freezing of her gardens bounty. This was also something she and her husband enjoyed doing together.

Elizabeth was very craft-minded. She was an excellent basket weaver, making baskets out of vines and pine needles, as well as growing and arranging flowers and making decorative wreaths. However, she was most noted in her community for that of being an artist. Her paintings have been admired by many, and one of her pencil drawings of one of the first Deep Creek Church buildings hangs on display in the church today.

Surviving are her children, Edwin Barbee (Dar-

Obituaries

leen) of Huntingtown, MD and Vivian Coxe of Titusville, PA; her grandchildren, Tracy Thompson (Doug) of Woodland, TX, Shannon Barbee of Annapolis, MD, John Barbee (Jenny) Severn, MD, Robert Coxe of Titusville, Tammy Duval (Charlie) of Millsboro, DE, Christine Chandler (Clark) of Severna Park, MD and Scott Barbee of Surry, ME; five great-grandchildren; and two great-great-grandchildren.

In addition to her parents, she was preceded in death by her husband Foy Barbee, her son Vincent Barbee (his wife Sandy is surviving) and her sister Jessie Huntington.

In lieu of flowers, memorials may be made to Deep Creek Baptist Church, 3245 Deep Creek Rd., Wadesboro, NC 28170.

The arrangements were in care of Leavitt Funeral Home. Online condolences may be made at www.leavittfh.com.

Mrs. Ann Rorie Griffin

Mrs. Ann Rorie Griffin, 78, passed away on Wednesday, December 11, 2019, at Monroe Rehabilitation.

A celebration of life was held on Friday, December 13, 2019, at Philadelphia Baptist Church. Burial followed in the church cemetery.

Born April 14, 1941, in Union County, she was a daughter of the late Olin Herbert Rorie and Lillian Funderburk Rorie.

She was preceded in death by siblings, Elaine Martin, Gary Rorie and Larry Rorie

Mrs. Griffin is survived by sons, Nicky Lee (Lori) of Marshville and Bobby Lee (Sandra) of Marshville; stepson Rev. Marty Griffin (Kenda) of Marshville; stepdaughter Penny Crot (Bill) of Monroe; brother Sonny Rorie (Martha) of Marshville; 10 grandchildren; and eight great grandchildren.

The family suggests memorials be made to Philadelphia Baptist

Church, 5709 Philadelphia Church Road, Marshville, NC 28103

The family would like to thank Hillcrest Baptist Church Rest Home and Monroe Rehabilitation for all the wonderful care given to our mother.

Online condolences may be made at morganandsonfuneralhome.com.

Morgan & Son Funeral Home cared for Mrs. Griffin's Family.

Mrs. Cornelia Winfree Tucker

Mrs. Cornelia Winfree Tucker, 93, died Wednesday, December 11, 2019, at Anson Health and Rehab in Wadesboro.

Funeral services were held on Saturday, December 14, 2019, in the Chapel of Leavitt Funeral Home. Interment followed in Anson Memorial Park.

Cornelia was born April 19, 1926, in Anson County, the only daughter of the late Elmer Gideon Winfree and the late Mozelle Ridenhour Winfree. She graduated from Wadesboro High School in 1944, and attended Women's College in Greensboro.

from J.B. Watson and Company in Wadesboro.

She was a member of First United Methodist Church where she taught Sunday School for many years.

Surviving are her daughter Anne Tucker Tice (boyfriend Teddy Liles) of Hamlet; and her nieces and nephews from both the Winfree and Tucker families.

In addition to her parents, she was preceded in death by her husband of 52 years, James Winfred "Jim" Tucker and her son-in-law, Joe Tice.

The family would like to thank the staff of Lillie Bennett Nursing Center, now Anson Health and Rehab for the excellent care they gave Cornelia while she as a resident there. A special thank you to Vivian Wallace and Zeater Ingram.

In lieu of flowers, memorials may be made to First United Methodist Church, 118 E. Morgan St., Wadesboro, NC 28170.

The arrangements were in care of Leavitt Funeral Home. Online condolences may be made at leavittfh.com.



REQUEST FOR PROPOSALS

Roof Replacement

Union County Community Action, Inc. (UCCA) will accept proposals from qualified roofing contractors to remove and replace an existing commercial EPDM roofing system on the Faison Head Start Center, located at 905 South Main Street in Wadesboro, NC.

Proposals will be received until 3:00 p.m. on January 3, 2020, after which time bids will be publicly opened and read

Contact Elizabeth Teal,
Contract Administrator at
(980) 699-9115
or Elizabeth.teal@uccainc.org
to obtain bid documents and
schedule a site visit.

2018-2019 Anson County Schools Annual Wellness Report

Coordinated School Health Committee

The District School Health Advisory Council (SHAC) is made up of employees and community members that represent each of the 8 components of Coordinated School Health. The committee regularly solicits information from external advisory bodies and stakeholders for the improvement of health and wellness. The council is working to implement health initiatives that will promote positive outcomes. If you would like additional information on the Local Wellness Policy, please contact **Dr. Mary B. Ratliff** at the district office at (704) 694-4417.

ACS Wellness Summary

Physical activity and achievement in schools play a crucial role in influencing physical activity behaviors. Across the district, various events were heavily promoted and open to students, families, staff, and community members. The events held to promote healthier lifestyles and to increase awareness included Zumba classes at local churches and community sites, Relay for Life, Jump Rope for Heart, Friendly Dental Van visits to schools, sports, immunizations, Tobacco Free Anson Initiative through Anson County Health Department, and The "WHY TRY" Abstinence Program at all elementary schools and Anson Middle School.

Healthy Hunger-Free Kids Act 2010

The ACS Child Nutrition Program meets the Healthy, Hunger-Free Kids Act (HHFKA) 2010 provisions. The federal nutrition standards have been implemented in stages, to ensure that meals are healthier, well-balanced and provide students the nutrition they need to succeed at school. A student must select a fruit or vegetable at breakfast and at lunch to complete their meal. School meals offer daily:

- Variety of fruits • Variety vegetables including dark green, red/orange & legumes • Only whole-grain rich items
- Low fat/low sodium meat/meat alternates • Fat-free/1% milk • Age-appropriate calorie limits/portion sizes • < 10% saturated fat • Zero grams trans-fat • Sodium restrictions to promote healthier meals, most items are steamed and baked.

National School Lunch Program Federal regulations require that we offer minimum portion sizes of meat, fruit, vegetable, grains/breads and fluid milk during every lunch meal service. The portion sizes are designed to meet the needs of growing children and, as a rule, we increase the sizes as the children grow older. We offer fresh fruits and vegetables every day.

Any food sold in schools MUST:

- be a "whole grain-rich" grain product; or
- have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
- be a combination food that contains at least ¼ cup of fruit and or vegetable; or
- contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 (calcium, potassium, vitamin D, or dietary fiber).

* **Foods must also meet several nutrient requirements:**

Calorie Limits:

- Snack items: ≤ 200 calorie • Entrée items: ≤ 350 calories

Sodium Limits:

- Snack items: ≤ 230 • Entrée items: ≤ 480 mg

Fat Limits:

- Total fat: ≤35% of calories ° Saturated fat: < 10% of calories • Trans-fat: zero grams

Sugar Limit:

- ≤ 35% of weight from total sugars in foods
- *On July 1, 2016, foods may not qualify using the 10% DV criteria.
- **On July 1, 2016, snack items must contain ≤ 200 mg sodium per item

Nutrition Standards for Beverages

All schools may sell: • plain water (without carbonation); • unflavored low fat milk: • unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP; • 100% fruit or vegetable juice and 100% fruit or vegetable juice diluted with water; • elementary schools may sell up to 8-ounce portions, while middle schools and high schools may sell up to 12-ounce portions of milk and juice. There is no portion size limit for plain water; • beyond this, the standards allow additional "no calorie" and "lower calorie" beverage options for high school students. • No more than 20-ounce portions of calorie-free, flavored water (with or without carbonation); and • other flavored and/or carbonated beverages that are labeled to contain < 5 calories per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces. • no more than 12-ounce portions of beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces.

Competitive Food Sales apply to all foods & beverages sold via fundraisers, vending machines, school stores, school concession stands and any other place that is located on the school campus.

Nutritional/ Parental Involvement & Physical Activity Progress Status

Component	Elementary	Middle	High
Nutritional Requirements	Met	Met	Met
School Health Advisory Council has parents represented at each school	Met	Met	Met
Minutes allotted for Physical Education Class Meets Requirements	Met	Met	Per Student Schedule
Minutes per day students have recess	Met	Met	Met
NO Student removed from recess or physical education classes	Met	Met	Met
Energizers/ Activities	Met	Met	Met
Provide daily recess	Met	N/A	N/A
Provide physical education class at least twice per week	Met	Met	Per Student Schedule
Provide classroom physical activity integrated into school day learning activities	Met	Met	Met
Provide intramural physical activity opportunities	Afterschool activities at 3 schools	Met	Met
WHY TRY PROGRAM	Met	Met	N/A

Report submitted by Dr. Mary B. Ratliff, Administrator Student & Administrative Services, Anson County Schools.

Holiday Guide to Gift Cards

Are you short on time? Need a last-minute gift? The answer just might be the gift card hanging on the rack near the register or in the greeting card aisle. Before grabbing a gift card for a favorite store or restaurant, know that thieves are just as eager to use these gift cards before they're presented to the intended recipient. Also, some retailers have terms and conditions as to how the gift card can be redeemed.

- Take a closer look. No matter where gift cards are displayed in the store, thieves are known to remove gift cards from the display rack and record the numbers associated with that card, including the activation PIN. Before purchasing a gift card, look carefully at the packaging for any tears, wrinkles, or other indications of tampering, and see if the PIN is exposed. If anything looks suspicious, it's probably best to take a different card, and turn in the compromised card to the store's Customer Service Desk.
- Research how to use the card. Not all retailers have the same policies when issuing a gift card. Double check the terms and conditions on the type of gift card purchased. The Federal Trade Commission has information about retail gift cards and bank gift cards at ftc.gov.
- Register your gift card. If the retailer allows the option to register the gift card, take full advantage. This makes it easier to protect the balance, that way you can report it sooner and potentially end up saving the money that is stored on the card.
- Treat it like cash. If the card is lost or stolen, report it to the issuer immediately. Most issuers have toll-free telephone numbers to report a lost or stolen card - find it on the card or online.

CLASSIFIEDS

REAL ESTATE

EVENT SPACE
James Holbrook Building
400 N. Greene Street in Wadesboro

Includes: tables, chairs, linen, china & centerpieces.
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Call Kathy at Crider & Crider Properties
704-694-3030

REAL ESTATE

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Background Check
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There is an additional \$30 fee for recyclables (grass, wood and limbs)
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\$95/mo - Small Bin • \$175/mo - Large Bin
704-294-1076 (Anytime) • 704-694-2693 (After 10 p.m.)