









A Collection of Columns

DECEMBER 31

Watch Night Service At Pee Dee COD, 10pm. Located at 302 Hwy 145 in Lilesville

Watch Night Services Savannah, 11pm ONGOING At Praise Service, then communion & breakfast **JANUARY 1** Morning Worship Service

At Pee Dee COD, 11am. Located at 302 Hwy 145 in Lilesville JANUARY 4 - 6

Winter Revival At Savannah AME Zion. Wed-Bishop Walter Ellerbe, Thu-Rev Terry

Davis, all at 7pm **JANUARY 8**

For Rev DS Taylor of East Rock Ford, 3pm. Dinner served after morning service JANUARY 21 Chicken & BBQ Dinner Fundraiser for Liberia Relief Mission at New Meltonville MBC starting at 11am w/baked beans, slaw, rolls & dessert \$8. Cake & pie auction & general auction too **ONGOING**

Bible Class

Tuesday nights at Lakeside Holiness Church, 6:30-7:30pm, activities for childrenx

Bible Study

At Parsons Grove MBC Tue at 6:30pm Service at Anson Health & Rehab by Cedar Creek MBC every third Monday, 7-7:30pm Noon Prayer At Greater St. Mark COD, noon on Tuesdays **Community Prayer** Held on Anson High

School campus each Sundav at 4pm

REMEMBERING..... By Ed McBride

THE BOOK IS NOW AVAILABLE

We are pleased to offer this 80 page book containing nearly 200 Remembering columns by Ed McBride that were published in The Express Newspaper.

This book was presented to Ed for his 90th birthday, August 10, 2012. The subjects of his columns - people, businesses, churches, schools, events - have touched the lives of many people associated with Anson County, North Carolina and beyond.

Each book is printed to order, therefore the price is slightly higher than mass produced books.

Call The Express for information, 704-694-2480 or visit www. Blurb.com and

Church News

Community Prayer

1st Monday each month, 5:15pm at Hatcher Park in Lilesville, Square in Wadesboro, Polkton & Ansonville, Town Hall in Morven

Rides to Service At East Rock Ford MBC. Call 704-695-2997 Thursday's Child

Children's choir, Gail Little, Fri-Rev Robert Litaker director, an outreach ministry of First United Methodist Church, Appreciation Service open to all children grades K-6, no pre-registration necessary, Thursdays, 4-5pm, cost is free, 704-694-5179

Exercise, Exercise & More! Free at Henderson Grove MBC in Lilesville, Mon & Thur evenings 6-7:30pm. Exercise ball, rubber band, hula hoop, walking, jogging & fun. Physical & mental health info. 704-848-4225

Fun for Seniors

Every 3rd Tuesday at Rock Hill MBC, 11am-1pm for 55 & older (exceptional adults too) are welcome

Bible Study

Wednesdays, 6:30pm at Forestville A.M.E. Zion Church

Radio Ministry

On WKDX 1250 AM Sun 8:15am w/Elder Garcia Morman

Reading Program

At New Parkers Grove MBC, for anyone in third grade and up who needs help with reading, Tuesdays and Thursdays, 4-5pm, 704-994-9182

Time for You Music, prayer & praise at 6pm at Wightman UMC

Bible Study Wed Every 7:30pm at Victory Temple Miracle Center

Events **JANUARY 2**

New Year Holiday Schedule Town of Wadesboro closed, no trash service. Regular schedule resumes 1/3. With Mon & Tue trash routes JANUARY 4

Free Groceries

For families in need at Austin Grove Baptist Church in Marshville (5919 Austin Grove Church Rd), 10:30am-12 noon. Details & info on registering 828-891THE EXPRESS • December 28, 2016 • Page 4

The Church Calendar is Brought to You by These Sponsors



at 6:30pm For more info the center. Register & info or to purchase a broom at 704-694-6616

please call Jim Chandler Children's Group Meets

Every Thursday at Anson County Domestic Violence Coalition, 5-6pm to discuss how to keep you & your children safe 704-694-4499

MoMs Meeting

Support group for mothers of multiples, third Tuesdays, 6:30pm, Lockhart-Taylor Center, 704-695-1031

Family Caregiver

Support Group

First Mondays, 7-8:30pm, off! Food discounts, door Peachland United Methodist Church Fellowship Hall, efit Feed My Lambs & lots anyone concerned with

Written by Ed McBride for The Express Newspaper

search "Ed McBride.'

Each Remembering book includes a high resolution pdf of the book so you can print out your favoorite columns!

ONGOING EVENTS Lions Club Welcomes New Members The Wadesboro Lions Club meets at Papa Joes Restaurant the 2nd & 4th Friday each month

ot tun! Into 704-851-3637 **Free Movies**

4th Monday of the month at Hampton B. Allen Library, 10am. Info 704-694-5177

Afternoon Out

910-571-1448

695-1666

Cruise-In

Childcare Association

Meets every 3rd Thursday of

Month, 6:30pm. Info 704-

Ansonville Historical Society

Museum open by appoint-

Third Thursday each month,

5-8pm at The Old Store.

Bring your cars, trucks &

motorcycles & show them

prizes, 50/50 raffle to ben-

ment. Call 704-826-8129

Ansonville Museum

For ladies & gentlemen at ters invited Grace Senior Center each Storytime Monday from 2-4pm.

Enjoy bingo & activites Allen Library, 10am led by someone from

Alzheimer's disease invited Lillie Belles Red Hat

Society

Meeting, third Tuesdays, 2:30pm, At Lillie Bennett Nursing Center, all Red Hat-

Tuesdays, Hampton B.

WASTE CONNECTIONS



The Six Locations of our Convenience Collection Centers will close early on Christmas Eve (December 24) 7am to 4pm & New Year's Eve (December 31) 7am to 4pm

so that staff may enjoy the holidays with their families.

NC's Workplace Injury and Illness **Rate Drops to a Historic Low**

North Carolina's workplace injury and illness rate for private industry dropped to a historic low in 2015 keeping the Tar Heel state one of the safest states in which to work. The rate dropped from 2.7 cases per 100 full-time workers in 2014 to 2.6 for 2015 and remains below the national rate.

'During my service as Labor Commissioner, I am proud of the fact that North Carolina's injury and illness rate has dropped 51 percent (5.3 to 2.6) over the past 15 years," Labor Commissioner Cherie Berry said. "The record-low injury and illness rate is a credit to the employers and employees of our state. Safety is being embraced by management as well as those on the front lines who are performing the state's most dangerous work."

The state's Occupational Safety and Health Division focuses on hazardous industries like construction and manufacturing by implementing special emphasis programs, providing free education and training, conducting free safety and health consultative visits, and establishing partnerships and alliances. The 2015 rate for construction dropped to 2.7 per 100 full-time workers from 3.3 in 2014, below the national rate of 3.5. The 2015 rate for manufacturing remained steady at 3.3, below the national rate of 3.8

North Carolina is one of the top 10 safest states in which to work, with a rate statistically less than the national rate of 3.0.

Labor officials point to other driving factors that are affecting the state's record-low rates. Accidents are costly when you factor in legal fees, insurance costs, plant down time and liability suits. Many employers are implementing effective safety and health programs to lower costs and improve their bottom line.

'Good employers understand that a good workplace safety program pays for itself," Commissioner Berry said, "but at the end of the work day, it's really about making it home to family and loved ones that matters most.