#### THE EXPRESS • October 5, 2011 • Page 8 Amy McCormick is Lilesville Fire Queen



Amy McCormick of Lilesville is the Lilesville Fire Queen. As queen she will participate in the Homecoming Parade, the Homecoming Parade, the Ansonville Parade, the Wadesboro Christmas Parade and the Lilesville Christmas Parade.

Amy is a senior at Anson County Early College. She plans to transfer to a four year college, but has not decided where yet. She works part time at Papa Joes. Her parents are Joey and Janet McCormick.

## Anson Community Hospital is Ready to Help During Breast Cancer Awareness Month

A lump in a woman's breast is not something to be taken lightly. Pauline Stroud, a emergency room nurse, knew that better than most. "But one of my first inclinations was to ignore it," Stroud said. "It's just human nature." Eight years ago, Stroud, 70, was an



Pictured here from left, Jill Lucas, Heather Lear, Stephanie Hartsell, and Dr. Carolyn Pomeroy show off the dessert cookbook that will be presented to patients receiving a mammogram during the month of October.

examination, the girls from the radiology department at ACH were in the room, Stroud said. "They said to come on, that I was going to get a mammogram right then," she said.

When the results were ready, Stroud, a resident of Morven, was asked where she wanted to go to have her biopsy. "I told him I wasn't going anywhere but here," she said. "They called the doctor and the surgeon before I even got out of the office." Stroud canceled the cross-country trip her family had planned. Instead, she had a biopsy that Friday and a partial mastectomy the following Tuesday.

"You don't how I thanked God for Anson Community Hospital," Stroud said. "That radiology department... they are just good folks who look after people. I know they are special."

That was eight years ago, and Stroud remains cancer-free since her recovery. But she wasn't surprised to learn of the radiology department's latest project. "God put humans on earth to look after each other, and I was definitely looked after," she said. Radiology employees put together a 44-page cookbook full of dessert recipes from employees and local breast cancer patients.

"The idea came from the techs standing around wondering what we could do to honor our patients," said Jill Lucas, lead tech of Medical Imaging Services at Anson Community Hospital. "As our patients came in, we would talk to them about recipes. We also sent out a hospital-wide request."

The first 100 patients scheduled for a mammogram at Anson Community Hospital during the month of October (Breast Cancer Awareness Month) will receive a free copy of the cookbook.

"We wanted to do something special for our patients," Lucas said. "Their health means something. We're out to keep them here longer."

With the National Cancer Institute estimating 232,620 new cases of breast cancer in women and men in the U.S. just this

go, Stroud, 70, was an independent woman who had no problems keeping up with the younger nurses during her years in nursing. "At 62, I was as wide open as you can get," she said.

Stroud, didn't want to even entertain the possibility that her body could have been invaded by cancer. She noticed a lump in her right breast on a Monday evening. It took her until Thursday to get up the courage to tell the physician she worked with at Anson Community Hospital.

Once she did, a force was put into motion. The physician examined her, and Stroud's life was never the same again. Before she could even get dressed after her in the room Stroud said

nmogram right then," she said. Iorven, was asked where she wanted



### 2011 Senior Health Expo

The Arthritis Foundation Mid Atlantic Region is hosting a Senior Health Expo on Tuesday, October 25, from 9 a.m. to noon. It will take place at the Levine Senior Center in Matthews, NC. This event is open to all seniors. The Arthritis Foundation pledges, "Take control, we can help."

For more information contact Penny Parker at 704-705-1798 or pparker@arthritis.org.



Paid for by Jeremy Burr for Town Council Committee



# Anson County Farm Bureau Annual Meeting Tuesday, October 25th

*Location:* Lockhart-Taylor Center 514 North Washington Street • Wadesboro, NC

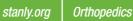
*Time:* **Doors will open at 6:15 p.m.** Dinner starts at 6:30 p.m. Business meeting starts at 7 p.m.

Admission: **\$2 per person** We can only allow 2 people per membership. You must be present for your guest to come.

You will be electing officers, directors and delegates to the state convention.

\*Please present your membership card at the door.

We look forward to seeing you there. Ronnie Mills, President



year, Anson Community Hospital employees are happy to have a certified mammography radiologist and certified mammography technologists on staff to provide each patient with excellent care.

Stroud said the excellent care provided by ACH employees really made a difference in her life. She put her trust in them and the Lord, and neither one let her down, she said. Today Stroud spends 90 percent of her time growing almost an acre of flowers or sitting on her screened back porch listening to the birds and absorbing the sun's heat.

"When you realize your own mortality, you realize certain things are more precious than others," she said. "Life is a thing to be treasured."

\*The radiology department at Anson Community Hospital is accredited by the American College of Radiology.

By Barbara Jones, Anson Community Hospital

### **Basic Finance Grand Opening Thursday**

Basic Finance and the Anson County Chamber of Commerce cordially invite you to attend a Grand Opening Ceremony on Thursday, October 6th at 10 a.m. This event will be held at Basic Finance's new location at 913 East Caswell Street, in the Plank Road Shopping Center in Wadesboro.

Branch Manager Diane Deese and staff invite everyone to come by to meet the staff and see the new facility.



# Hip, Hip, Hooray.

Stanly Regional's Orthopedics Department is staffed with board-certified surgeons using the latest technologies. Our level of expertise, experience and success rate in hip, knee and shoulder replacement is exceptional. Which means you can stay right here close to home for advanced diagnostics, orthopedic surgery and a pampered recovery.

TO LEARN MORE OR TO REGISTER FOR OUR NEXT JOINT REPLACEMENT EDUCATION EVENT ON THURSDAY, OCTOBER 27, CALL (704) 986-2342



The Center for Joint Replacement AT STANLY REGIONAL MEDICAL CENTER

301 Yadkin St. | Albemarle | stanly.org (704) 986-2342

Look No Further<sup>®</sup>